**APA (2020) 7th edition Level of Headings**

 **Centered, Bold, Title Case Heading [Level 1]**

**Flush Left, Bold, Title Case Heading [Level 2]**

***Flush Left, Bold Italic, Title Case Heading [Level 3]***

 **Indented, Bold,** **Title Case Heading, Ending With a Period. [Level 4]**

 ***Indented, Bold Italic,******Title Case Heading, Ending With a Period [Level 5]***

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|  **APA (2020) 7th edition**  **Level of Headings** |
| * **NB the new 3rd level (italic)**
* **NB that every Level of Heading is Bold**
* **NB that every Main Word in every Level is Upper Case or Title Case Heading**
 |
| Level 1 |  **Centered, Bold, Title Case Heading**  Text begins as a new paragraph. |
| Level 2 | **Flush Left, Bold, Title Case Heading**  Text begins as a new paragraph. |
| Level 3 | ***Flush Left, Bold Italic, Title Case Heading* (New in 7th ed., APA, 2019).** Text begins as a new paragraph. |
| Level 4 |  **Indented, Bold,** **Title Case Heading, Ending With a Period.** Text begins on the same line and continues as a regular paragraph.  |
| Level 5 |  ***Indented, Bold Italic,******Title Case Heading, Ending With a Period.*** Text begins on the same line and continues as a regular paragraph.  |
|  |  (APA, 2020, pp. 47–48). |