

# WELCOME TO THE COLLEGE OF NURSING

On behalf of the College of Nursing, we are pleased to welcome you to the Bachelor of Science in Nursing Program (BSN) at the University of Saskatchewan!

We are proud to inform you that you are entering a BSN program that is approved by the Saskatchewan Registered Nurses Association (<a href="https://www.srna.org">https://www.srna.org</a>) and accredited by the Canadian Association of Schools of Nursing (<a href="https://www.casn.ca">https://www.casn.ca</a>). Through the integration of research, education, and practice, the College of Nursing strengthens nursing, health, and the health care system. We value integrity, social justice, unconditional positive regard, achieving one's potential, and have high expectations of our faculty, staff, and students. Your learning experiences will be facilitated by exceptional registered nurses who are committed to collaborative practice and patient-centered care.

Please note that as Public Health orders allow, the College of Nursing will transition back to in-person classroom delivery in the fall of 2021. During the fall term, theory courses will be delivered remotely, however course faculty may arrange occasional on-campus lectures and exams. Please review course communication and syllabi on Canvas for remote or on-campus scheduling. All 2<sup>nd</sup> year labs and seminars will be in-person in both the fall and winter terms and all clinical experiences will continue as scheduled.

We anticipate that all classes will resume on-campus in the winter term of 2022.

We want to reassure you that the college has almost a decade of experience facilitating remote learning and you will receive a high-quality education and will be well supported as you progress through your program.

In general, remote courses are scheduled within a timetable and are delivered either *synchronously* or *asynchronously*. In synchronous classes, the instructor and the learners interact in real-time (either in-person or online), while in asynchronous classes, there is no real-time interaction between instructors and learners. In the latter, content and learning activities are posted online and learners engage with these materials on their own schedule. Some courses blend synchronous and asynchronous approaches. For this reason, you should assume that every class will have a synchronous aspect and avoid scheduling other commitments that conflict with class times.

An example of a blended event is the BSN Orientation. You will participate in some portions of the orientation via WebEx (synchronously) and other portions will be self-study (asynchronous).

The orientation schedule and format will be posted on the College of Nursing website later in the summer.

A stable internet connection and a reliable device are essential to your remote studies. Please see the following link for recommended technology requirements for remote/online learning https://students.usask.ca/remote-learning/tech-requirements.php#LaptopRecommendations

#### **COVID-19 Directives**

All students must complete the USask Covid-19 safety training [Health and Safety Requirements - COVID-19 | Protect the Pack - University of Saskatchewan (usask.ca)]. Please email the certificate of completion to your site-specific administrative support person listed below.\*

All students are expected to follow all Public Health and USask COVID-19 orders. Students will be subject to the same precautions as Saskatchewan Health Authority staff while in the clinical setting (e.g., the continuous mask and other personal protective equipment (PPE) policies). 3 ply masks will be provided for on-campus use.

*	Prince Albert Campus	Saskatoon Campus	Regina Campus	
	Sherri Haleschuk	Kayleigh Kazakoff	Falyn Jarvis	
	sherri.haleschuk@usask.ca	kayleigh.kazakoff@usask.ca	falyn.jarvis@usask.ca	

Students should strongly consider receiving a COVID-19 and the annual influenza vaccinations.

While year two students will not be caring for patients who are COVID positive, receiving a COVID-19 vaccination is strongly recommended.

Prince Albert Campus	Saskatoon Campus	Regina Campus
Sherri Haleschuk	Kayleigh Kazakoff	Falyn Jarvis
sherri.haleschuk@usask.ca	kayleigh.kazakoff@usask.ca	falyn.jarvis@usask.ca

Please review the College's policy on attendance: <a href="https://nursing.usask.ca/policies/overview.php">https://nursing.usask.ca/policies/overview.php</a>

# **GETTING STARTED**

It is now time to take the next steps to prepare for the exciting journey ahead. Please visit the College of Nursing webpage (<u>nursing.usask.ca/students/bsn/getting-started.php)</u> to review the following:

- Orientation Agenda (available mid-August)
- 2021-2022 Student Handbook (available in July)
- Clinical Requirements, Uniforms and Supply List
- Technology Requirements

#### **CLASS REGISTRATION**

Register now for your 2021-2022 Fall and Winter Term classes through PAWS. Information about your courses can be found online at:

https://nursing.usask.ca/documents/about/resources/brochures/bsn-sample-courseorganization.pdf

## **BSN PROGRAM ORIENTATION – REMOTE WEBEX ONLY**

Mark your calendars for the **BSN Program Orientation** on **Wednesday September 1, 2021**. Your attendance at this orientation is <u>mandatory</u> as it will provide important information for your continued success in the program. When it is finalized, the agenda will available at <a href="https://nursing.usask.ca/students/bsn/getting-started.php">https://nursing.usask.ca/students/bsn/getting-started.php</a>

# College of Nursing Campuses & Distributed Sites: Contact Information

Saskatoon:	Regina:
Health Science Building - 1A10	Regina Campus
107 Wiggins Road	4400-4th Avenue
<b>Tel</b> : 306-966-6221	Tel: 1-306-337-3800
Email:	Email:
undergradnursing.advising@usask.ca	undergradnursing.advising@usask.c

Prince Albert: Île-à-la-Crosse:
Prince Albert Campus Integrated Services Centre
1061 Central Avenue Lajeunesse Avenue
Tel: 306-765-3870 Tel: 1-306-765-3870
Email: Email:

 Email:
 undergradnursing.advising@usask.ca

 undergradnursing.advising@usask.ca
 undergradnursing.advising@usask.ca

Tel: 1-306-337-3800
Email:
undergradnursing.advising@usask.ca
La Ronge:

Mistasinihk Place 1328 La Ronge Ave Tel: 1-306-765-3870 Email:

Yorkton:

Parkland College 200 Prystai Way

undergradnursing.advising@usask.ca

## **ACADEMIC ADVISING**

If you have questions or wish to speak to an academic advisor, please visit <a href="mailto:nursing.usask.ca/advising/contact.php">nursing.usask.ca/advising/contact.php</a> or book an appointment through <a href="https://nursing.usask.ca/advising/appointments.php">https://nursing.usask.ca/advising/appointments.php</a>.

# YOUR USASK EMAIL ADDRESS

All emails from the College of Nursing will be sent to your USask NSID email address (e.g. <u>abc123@mail.usask.ca</u>); therefore, please check it daily.

We wish to extend our best wishes for a rewarding learning experience, and we look forward to meeting you on Wednesday September 1<sup>st</sup>, 2021.

Dr. Hope Bilinski RN PhD Associate Dean, Academic Saskatoon Campus

Alepe Bilingli

Dr. Gerri Lasiuk RPN RN PhD CPMHN(C) Assistant Dean, Regina & South

Al Rasu

Dr. Lynn Jansen RN PhD Assistant, Dean Prince Albert & North

Lynn Jones



# WELCOME TO THE COLLEGE OF NURSING, REGINA CAMPUS!

You are about to embark on an education and career path that will be life changing. The College of Nursing offers an opportunity to connect with leading experts in teaching, practice, scholarship and research. You will practice in clinical areas with exceptional nurses who are committed to quality patient care. You are now part of all of this, and we are very happy to have you here. Our community of faculty and staff are here to guide you and enrich your experiences as a student.

# LOCATION AND CONTACT INFORMATION

The Regina campus is located in the Rosemont/Mount Royal neighborhood at 100- 4400 4th Avenue, just off of Lewvan Drive, with the main entrance off of Connaught St. It is a mostly residential neighborhood of single family homes with some apartments.

College of Nursing, Regina Campus

4400 – 4th Avenue Regina, SK S4T 0H8 **Tel:** 1-306-337-3800

Email: undergradnursing.advising@usask.ca

Web: https://nursing.usask.ca/about/our-campuses.php

**UCAN & Academic Advisor:** 

Diana Sharpe

**Phone: 306-337-3806** 

Email: diana.sharpe@usask.ca

## **PARKING**

Free parking is currently available and can be accessed from Connaught Street. Maps to student parking will be distributed at a later date.

# TRANSIT

There is a bus stop across the street, located on Lewvan Drive and 4th Avenue, which is serviced by Routes 3, 4 and 10. Bus passes can be purchased from the City of Regina, Transit System. For more information, visit: https://www.regina.ca/transportation-roads-parking/transit/.

Transit times vary depending on your starting point. However, the following approximations will give you an idea of the time it may take to travel to the campus from various locations around Regina:

Southland Mall - 42 minutes Victoria Square Mall - 37-43 minutes North Superstore – 37 minutes General Hospital - 25 minutes **Cornwall Centre - 9-15 minutes** University of Regina - 40 minutes

## **STUDENT HOUSING**

Student housing is offered by Luther College at the University of Regina and University of Regina Housing Services. We recommend contacting them as soon as possible if you are interested in applying for accommodation, as applications are considered on a first-come, first-served basis.

**Luther College Residence Office Tel:** 1-306-585-5333 or 1-800-588-4378 Email: residence@luthercollege.edu Web: luthercollege.edu/residence

**University of Regina Housing Services Tel:** 1-306-585-5450 or 1-866-354-3394 Email: housing.services@uregina.ca

Web: uregina.ca/housing/



## OTHER HOUSING

Common online tools used by other students to look for housing in Regina include:

<u>classifieds.ursu.ca</u> <u>regina.craigslist.org</u> <u>usedregina.com</u>

kijiji.ca gottarent.com/regina-sk-rentals

The College of Nursing will not be held legally responsible for any accommodations listed, nor any problems that arise from your landlord, tenant, roommate(s) or the accommodations themselves. Problems with rental arrangements must be made between you and the landlord.

## FOOD AND SHOPPING

The nearest services to the College of Nursing, Regina campus include a No Frills grocery store, Shoppers Drug Mart and Royal Bank of Canada (RBC) ATM located in the 5000 block of 4<sup>th</sup> Avenue. Construction has began to re developed the site to include a variety of services including a Tim Horton's and a Shell Station. Construction will be ongoing throughout the 2021/2022 school year.

# **REGINA CAMPUS STUDENT SERVICES**

# **TEXTBOOKS**

Order your textbooks and medical supplies from the Shop USASK Bookstore website at: <a href="mailto:shop.usask.ca">shop.usask.ca</a> Under Course Materials, select My Textbooks. To access your textbook list, you will need to enter your NSID (e.g. abc123) and password. The USask Bookstore will be offering free shipping to your home address sometime in August. More information on this process will be sent via email.

#### LIBRARY SERVICES

As a University of Saskatchewan student, you have remote access to a number of resources through the University of Saskatchewan Library. These can be accessed through the Library Resources channel in your PAWS account at paws.usask.ca or at library.usask.ca.

https://nursing.usask.ca/library-information/overview.php

Distance and Distributed Library Services (DDLS) are available at no charge to all University of Saskatchewan students, faculty and staff living outside Saskatoon. The library will supply materials from our collections in response to requests submitted electronically. Books will be mailed with a postage paid return label. Copies of journal articles do not have to be returned. https://library.usask.ca/ddls/index.php

#### ACADEMIC ADVISING AND LEARNING SERVICES

Academic advising is available on-site at the College of Nursing, Regina Campus. Book an appointment and access frequently used forms at: <a href="mailto:nursing.usask.ca/advising/">nursing.usask.ca/advising/</a>.

Additionally, academic advising and support for Indigenous students is offered in Regina through the University of Saskatchewan Community of Aboriginal Nursing (UCAN) program:

https://nursing.usask.ca/indigenousinitiatives/ucan.php.

University of Saskatchewan Student Learning Services are available to all students throughout the academic year at: https://library.usask.ca/studentlearning/



Students with disabilities or requiring services or accommodation based on other prohibited grounds—including religion, family status (including pregnancy) or gender identity—can access support through University of Saskatchewan Access and Equity Services at <a href="https://students.usask.ca/health/centres/access-equity-services.php">https://students.usask.ca/health/centres/access-equity-services.php</a> as well through on-site advising services at the Regina campus.

# **CLINICAL REQUIREMENTS**

Please review the document titled *Important Clinical Requirements* included with this package. This document includes a checklist of requirements and deadlines which must be completed for Term 1 (some as early as mid-August).

## STUDENT WELLNESS

Full-time, on- main campus students automatically pay for a health and dental plan provided through their student association (the USSU for undergraduate students). You must have a Saskatchewan health card, (or health coverage equal to or greater than that provided by a Saskatchewan health card) in order to make a claim on this extended health coverage. See the details in the link below.

http://students.usask.ca/health/health-plans.php#StudentHealthandDentalPlan

Students who are off the main campus (Regina and Yorkton) will not be paying into the plan. This Health Insurance fee is charged to your fall student fees only. If you are off-campus in term 1, you will not be assessed the fee. If you wish to have coverage, you must opt in.

Please contact I have a Plan: ihaveaplan.ca for more details.

# **GUIDANCE RESOURCES**

Through USask's free Guidance Resources program, off-campus and distance students can speak with financial experts, health coaches, mental-health clinicians and lawyers. Specialists are also available to provide prescreened referrals and resources for just about anything on your to-do list. See details in the link below.

https://students.usask.ca/index.php

# IMPORTANT CLINICAL REQUIREMENTS

The Health and Safety Clinical Requirements must be completed prior to entering a clinical setting. Full details can be found online at: <a href="mailto:nursing.usask.ca/clinical/health-and-safety.php">nursing.usask.ca/clinical/health-and-safety.php</a>. See page 2 for additional details on the documents.

# Due Aug 15:

- •Criminal Record Check with Vulnerable Sector Search
- HSPnet Consent Form
- •CPR-C (or BLS) with AED (proof of registration)
- •Transferring Lifting Repositioning (proof of registration)
- •WHMIS (USask version only)
- Covid-19 Health and Safety Certificate (USask version only)
- •Saskatchewan Health Authority WCB Form ('schedule B')
- •Send your immunization documents and/or schedule an appointment for review per your sites guidelines (see nursing.usask.ca/clinical/immunization.php)

# **Due Sep 15** (You cannot attend your clinical without these, in addition to the items previously due):

- •CPR-C with AED certificate
- •Transferring Lifting Repositioning certificate
- •Completed immunizations

Please send scanned copies (*in PDF format*) of the requirements by email to <u>regina.clinical@usask.ca</u> Ensure your scan is in **PDF format** and clearly shows your name, the certificate/document type, and date completed prior to sending. Please name the file per naming conventions (see page 2 for naming conventions—substitute your last name instead of smith and first initial instead of j).

Please note we are not able to distribute copies of your certificates. Please ensure that you keep the original in your personal records for future use.

Requirement	Due Date	Example File Name	Notes	
Criminal Record Check (CRC) with Vulnerable Sector Search	Aug 15 Smith_J_CRC From within 6 months. Any CRC with an embossment must also hard copy provided.		From within 6 months. Any CRC with an embossment must also have a hard copy provided.	
HSPnet Consent Form	Aug 15	Smith_J_HSPnet	Information available online at: nursing.usask.ca/clinical/health-and-safety.php	
CPR-C & AED Proof of Registration	Proof of Aug 15 Smith_J_CPR Proof of registration is only necessary if the course is after A		Proof of registration is only necessary if the course is after Aug 15.	
CPR-C & AED Certificate	Sept 15	Smith_J_CPR	The College of Nursing currently requires CPR recertification at least every 2 years.	
Transferring, Lifting, Repositioning (TLR) Proof of Registration	Aug 15	Smith_J_TLR_reg	th_J_TLR_reg Proof of registration is only necessary if the course is after Aug 15.	
Transferring, Lifting, Repositioning(TLR)	Sept 15	Smith_J_TLR	Recertify every 3 years. Register ASAP through Saskatchewan Polytechnic, at: <a href="https://saskpolytech.ca/programs-and-courses/part-time-studies/course/transfer-lift-repostntlrrc/SPCR-100CE/">https://saskpolytech.ca/programs-and-courses/part-time-studies/course/transfer-lift-repostntlrrc/SPCR-100CE/</a> .	
Immunizations	Sept 15	Smith_J_Imm	Note: if you do not currently have your Hepatitis B immunizations you should begin this series ASAP, as it takes several months to complete. Please refer to immunization document for more information.  https://nursing.usask.ca/clinical/immunization.php	
WHMIS	Aug 15	Smith_J_WHMIS	Renew every 3 years. USask only (no cost from Safety Resources).	
Saskatchewan Health Authority WCB Form	Aug 15	Smith_J_WCB	Information available online at: <a href="mailto:nursing.usask.ca/clinical/health-and-safety.php">nursing.usask.ca/clinical/health-and-safety.php</a>	
COVID-19 Health & Safety Certificate	Aug 15	Smith_J_COVID_ Cert	Renew every year. USask only (no cost from Safety Resources)	



# **CONTACTS**

Raissa Berry raissa.berry@usask.ca (Clinical Coordinator)

Falyn Jarvis falyn.jarvis@usask.ca (clinical documents)

## WHO TO LIST FOR WHMIS SUPERVISOR

	Regina & Yorkton	
Name	Raissa Berry	
Phone	306-337-3822	
Address	100 - 4400 4 <sup>th</sup> Ave Regina	

# CRIMINAL RECORDS CHECK & VULNERABLE SECTOR SEARCH

Please note your Criminal Record Check must be obtained from your home community. If your home community requires a letter to issue your CRC, please contact your Clinical Coordinator.

Please note any CRC's from facilities where it states invalid without embossment or a seal is present (i.e. Saskatoon Police Services) must be provided as an original hard copy to your sites office as scanned copies from them are not valid.

# **IMMUNIZATION REVIEW**

Margie Lockwood will contact you to schedule your review, if needed. Ensure your immunizations are complete <u>prior</u> to meeting her.

# TLR CERTIFICATES

Ensure you send **BOTH** proof of registration and the certificate after completion. Register early for a course as they fill up quickly and you cannot attend clinical without this course. If you are unable to enroll in a course, or are put on a waitlist, please contact Raissa Berry as soon as possible for further instruction.



# IMMUNIZATION REQUIREMENTS FOR NURSING STUDENTS

#### **GENERAL INFORMATION**

The University of Saskatchewan requires that all students attending a Health Science College provide documented proof of immunization.

All nursing students are required to complete the recommended immunizations for health care workers as outlined in the Saskatchewan Immunization Manual, Chapter 7 Section 6 (available online at: <a href="https://www.ehealthsask.ca/services/manuals/Pages/SIM.aspx">www.ehealthsask.ca/services/manuals/Pages/SIM.aspx</a>) prior to any contact between students and patients/clients.

Students are required to submit to the College of Nursing proof of immunizations prior to participation in clinical experience.

Failure to maintain recommended immunizations may delay a student's progress in their studies.

Specific immunizations will be required for certain clinical placements and in specific circumstances, such as disease outbreaks. Students who refuse or are unable to comply with this requirement may be at risk of not being able to complete required components of their program.

Any applicable costs of immunization are the responsibility of the student.

**CONSENT:** Immunization records and/or serology results will be shared from Student Wellness and/or the Nurse reviewing your records with your College and clinical placements throughout your studies as required – this is to ensure your safety and the safety of your clients. You are required to sign a consent form to authorize sharing of this information.

## **IMMUNIZATION INSTRUCTIONS**

- 1. Review your immunization requirements (see page 3).
- 2. Locate your childhood and adult immunization records. If you do not have these records, contact your Public Health Unit or Family Doctor.

If you were immunized in and around the Regina area, call the Immunization Office at 306-766-7904. There is a \$25.00 charge to get your records.

For all other regions, contact your Home Public Health region. If you need to determine which region to contact, please visit: https://www.saskhealthauthority.ca/Services-Locations.

#### Where to send:

For Regina and Yorkton students, send a **completed copy** (including tuberculin skin test) of your immunization records and your signed consent to <a href="mailto:margie.lockwood@usask.ca">margie.lockwood@usask.ca</a>.

You will be contacted to arrange a meeting within the first 2 weeks of September to review your immunization status.

You may choose to see your Family Physician to begin and/or complete your immunization review, however, please note that you are also still required to connect with Margie to ensure all your requirements have been met.

Your College requires you to have your immunizations complete by September 30 or it may prevent you from attending your clinical placement.



# SPECIFIC IMMUNIZATION REQUIREMENTS

# Tetanus/Diphtheria (Td):

Primary series of 3-5 doses, then a booster every 10 years

#### **Pertussis:**

Primary series and adults are encouraged to have a Td booster with the pertussis component once in their adult lifetime. Some colleges mandate this.

#### Polio:

Primary series, booster if travelling in endemic areas

## Measles, mumps, rubella (MMR):

Proof of immunity by serological evidence (please attach) OR by documented proof of vaccination with **2 doses** of measles, mumps and rubella.

# Tuberculin skin test (TST):

Initial base line skin test required prior to client contact. If there is a history of a positive Tuberculin, a CXR is required.

#### **Hepatitis B:**

A series of two or three doses followed by an antibody check. If you have already received the series, lab evidence of immunity is required (please attach). If the Hepatitis B Surface Antibody is non-immune (0 mIU/ml), a Hepatitis B surface antigen test must be done. If the antigen test is positive, consult your Health Care Provider. Refer to your specific College Policy for guidelines regarding clinical practice. If the antigen test is negative, (and antibody non-immune); revaccination and reassessment for immunity must be done.

<u>Note</u>: if you do not currently have your Hepatitis B immunizations you should begin this series <u>as soon as possible</u>, as it takes several months to complete.

# Varicella (Chickenpox):

Serological evidence of immunity (please attach) OR proof of one or two doses of varicella vaccination

#### Influenza:

**Recommended annually** 

# **COVID-19:**

Recommended



# IMMUNIZATION REQUIREMENTS CONSENT

I agree to comply with all immunization requirements of the University of Saskatchewan. I give consent for my immunization records and/or serology results to be shared with my college, clinical placements and administrative staff, as appropriate.

Student Signature:				
Name ( <i>please print</i> ):				
Date:				
College of:	☐Medicine	☐ Nursing Pharmacy & Nutrition	$\square$ wcvm	
Graduating Year:				
	STUDEN	NT INFORMATION		
Last Name:		Given Name(s):		
USask Student Number:		OOB (dd/mm/yr):	M/F	
Health Card Number:	P	rovince: Expiry Date:		
Address/Postal Code:				
Telephone: (C)	(H)			
USask NSID:				
Emergency Contact (Name/F	Phone/Address): _			