



## **Restricted Nursing Elective**

One 3 CU restricted nursing elective is required to complete both the Bachelor of Science in Nursing (BSN) program and the Post Degree Bachelor of Science in Nursing (PDBSN) option. A restricted nursing elective is a course that supports student learning in areas directly related to a future career in nursing.

Students can request other courses (not on the list) be considered for approval as a restricted nursing elective provided they meet the foundational criteria.

### **Foundational criteria for a course to be considered for approval as a restricted nursing elective:**

Courses that support students in the provision of holistic nursing care and aspects of the key principles that underlie the College of Nursing BSN program 1) Cultural Safety, 2) Leadership, 3) Ethics, 4) Evidence Informed Practice and Quality Improvement, 5) Primary Health Care, 6) Safe and Competent Practice, 7) Social Justice and Advocacy, 8) Interprofessional Education. Examples of course foci that align with these principles include:

- Population health
- Healthcare systems
- Health promotion
- Social determinants of health

Course types that students may consider include: inter-professional health, health informatics, and philosophy or social science courses in which central themes address issues of human development. Other course types that align with the key curricular principles may also be considered.

### ***Please note all courses must also meet the following additional criteria:***

1. The course must be equivalent to 3 CU of university study from an accredited institution recognized by the University of Saskatchewan
2. Only senior level courses (defined as comparable to courses at the 200 level and beyond at the University of Saskatchewan) will be accepted
3. To receive credit for a nursing elective the class must have been completed within the last 6 years from date of admission to the program
4. A grade of 60% will be required to receive credit from courses taken outside the College of Nursing

### **Process for approval of a course for a restricted nursing elective**

1. **Allow a minimum of six months** for the approval of a new elective course – this course could become part of the curriculum and takes time to approve at many levels
2. Fill out the Approval of Restricted Nursing Elective form.



3. Submit this form to your academic advisor with a detailed course outline

Detailed course outline includes:

- ☐ Course syllabus (the outline broken down by weeks, not just the calendar description).  
Syllabi must be translated into English.
- ☐ Course number and name (i.e. Phil 354.3)
- ☐ Number of hours of lecture and lab
- ☐ Number of credit units
- ☐ List of textbooks used, including name and edition
- ☐ Name of sending institution and instructor
- ☐ Grading system (i.e. assignments 15%, midterm exam 10%)
- ☐ How this course will enhance nursing knowledge
- ☐ How this material is different from other nursing material already taken
- ☐ How this course support students in the provision of holistic nursing care and aspects of the key principles that underlie the College of Nursing BSN program

All course descriptions are subject to verification for authenticity.

4. Do not register in the course until you have received approval from your academic advisor