



Resources

Are you interested in learning more about Indigenous peoples, their culture and history, and the importance of the [Truth and Reconciliation Commission of Canada's Calls to Action](#)? Here are some suggestions

Contents

University of Saskatchewan Resources from the Office of the Vice-Provost Indigenous Engagement	1
Indigenous Approaches to Knowledge and Science	2
The Seven Sacred Grandfather Teachings	2
Indigenous Knowledge and Western Science	2
Indigenous History	3
Research.....	3
TCPS 2 (2018) – Chapter 9: Research Involving the First Nations, Inuit and Métis Peoples of Canada ...	4
Library and Archives Canada Indigenous Heritage Webpage.....	4
Videos for Indigenous education	4

University of Saskatchewan Resources from the Office of the Vice-Provost Indigenous Engagement

<https://indigenous.usask.ca/resources/resources.php#TruthandReconciliation>



The University of Saskatchewan has an Indigenous Studies Portal Research Tool: [iPortal](#)

This webpage provides access to reports, data, governance and treaty information, research findings and cultural teachings.



Indigenous Approaches to Knowledge and Science

The Seven Sacred Grandfather Teachings

<https://ecampusontario.pressbooks.pub/movementtowardsreconciliation/chapter/the-seven-grandfather-teachings/>

Benton-Banai was Ojibwe-Anishinabe of the Fish Clan from Lac Courte Oreilles Reservation in Northern Wisconsin. In 1988 Benton-Banai became grand chief of the Three Fires Midewiwin Lodge. He was commonly referred to as Bawdwaywidun. He was also a co-founder of the American Indian Movement. The link above leads to a shortened version of the teachings as recounted by Benton-Banai (1988).

See also: Seven Sacred Grandfather Teachings – this video is the creation of Ojibwe Hip Hop artist Thomas X: https://youtu.be/ZGh1BXrf_Os

[Braiding Sweetgrass: Indigenous Wisdom, Scientific Knowledge, and the Teachings of Plants](#) by Robin Wall Kimmerer

A New York Times Bestseller A Washington Post bestseller named “Best Essay Collection of the Decade” by Literary Hub. As a botanist, Robin Wall Kimmerer has been trained to ask questions of nature with the tools of science. As a member of the Citizen Potawatomi Nation, she embraces the notion that plants and animals are our oldest teachers. In Braiding Sweetgrass, Kimmerer brings these two lenses of knowledge together.

Indigenous Knowledge and Western Science

Dr. Leroy Little Bear (Jan. 14, 2015, Indigenous Knowledge and Western Science: Contrasts and Similarities event at the Banff Centre)

<https://www.youtube.com/watch?v=gJSJ28eEUjI>

Indigenous academic Leroy Little Bear compares the foundational base of Blackfoot knowledge to quantum physics to an attentive audience at The Banff Centre as part of the Indigenous Knowledge and Western Science: Contrasts and Similarities event.



Indigenous History

[21 Things You May Not Know About the Indian Act](#) (National Bestseller!) by Bob Joseph. Based on a viral article, *21 Things You May Not Know About the Indian Act* is the essential guide to understanding the legal document and its repercussion on generations of Indigenous Peoples. Since its creation in 1876, the Indian Act has shaped, controlled, and constrained the lives and opportunities of Indigenous Peoples, and is at the root of many enduring stereotypes. Bob Joseph's book comes at a key time in the reconciliation process, when awareness from both Indigenous and non-Indigenous communities is at a crescendo. Joseph explains how Indigenous Peoples can step out from under the Indian Act and return to self-government, self-determination, and self-reliance - and why doing so would result in a better country for every Canadian. He dissects the complex issues around truth and reconciliation, and clearly demonstrates why learning about the Indian Act's cruel, enduring legacy is essential for the country to move toward true reconciliation.

Dr. Maria Yellow Horse Brave Heart (Nov. 4, 2015)
Historical Trauma in Native American Populations
<https://www.youtube.com/watch?v=RZtCS1362UI>

Dr. Joseph Gone (August 17, 2015) Psychologist (25 minutes)
Historical Trauma, Therapy Culture, & the Indigenous Boarding School Legacy
https://www.youtube.com/watch?v=vTk-P_wCtq8

Indigenous communities in North America have consistently associated their disproportionate rates of psychiatric distress with historical experiences of European colonization. This emphasis on the socio-psychological legacy of colonization has occasioned increasingly widespread consideration of what has been termed "historical trauma" within Native contexts. One oft-cited exemplar of colonial subjugation is the Indian residential/boarding school. Such schools were overtly designed to "kill the Indian and save the man," sequestering Indian children from family and community while forbidding participation in Native language and cultural practices. In Canada, redress for the legacy of the residential school system included the creation of an Aboriginal Healing Foundation that disbursed millions of dollars for First Nations healing projects. Although innovative in important ways, such projects also drew on globalized facets of "therapy culture." But is therapy culture properly suited for remedying the ills of contemporary Indigenous societies?

Research

Queen's Open Access course on Indigenous Community Research Partnerships

<https://www.queensu.ca/indigenous/decolonizing-and-indigenizing/community-research-partnerships-training>

A 4-module self paced online training course designed to assist researchers who are new to research in partnerships with Inuit, Métis and First Nations ("Indigenous") communities, or who are researchers-in-training.



Decolonizing Interpretive Research: A Subaltern Methodology for Social Change, edited by Antonia Darder (2019). Key concepts in this book are how a decolonising methodology and ethics can work, and the importance of centering subaltern voices and naming the politics of coloniality.

Research as Resistance: Revisiting Critical, Indigenous, and Anti-Oppressive Approaches (2nd edn) edited by Susan Strega and Leslie Brown (2015) The chapter authors are Indigenous, feminist, and community-based researchers, and the editors promote the idea of a move from resistance to resurgence 'of knowledges founded in a diversity of spiritualities, philosophies, languages and experiences' (p 12).

Indigenous Storywork: Educating the Heart, Mind, Body and Spirit by Jo-ann Archibald aka Q'um Q'um Xiiem. For many Indigenous peoples, stories are a key teaching tool. Stories also have a potentially wide range of roles to play in research. This book outlines those roles and advises on how stories can be used effectively and ethically, using the seven principles of storywork: 'respect, responsibility, reciprocity, reverence, holism, inter-relatedness, and synergy' (p ix).

Dr. Maggie Kovach (July 14, 2017)
Considering the Landscape of Indigenous Research
<https://www.youtube.com/watch?v=hjxofHBqYOQ>

TCPS 2 (2018) – Chapter 9: Research Involving the First Nations, Inuit and Métis Peoples of Canada

The Tri-Council Policy Statement (TCPS2) is a Canadian guideline for the ethical conduct of research involving humans and/or human biological materials. In the 40s and 50s in Canada, [Indigenous people were subjected to unethical studies for which no consent was obtained](#); but even after that era, studies were done about Indigenous people in which they had little say, and which failed to benefit them in any way. Chapter 9 sets out a framework to prevent this from happening.
https://ethics.gc.ca/eng/tcps2-eptc2_2018_chapter9-chapitre9.html

Library and Archives Canada Indigenous Heritage Webpage

<https://www.bac-lac.gc.ca/eng/discover/aboriginal-heritage/Pages/introduction.aspx>

Videos for Indigenous education

Ghosts of Camsell

<https://ghostsofcamsell.ca/2016/10/30/from-haunting-to-understanding/>

The Unforgotten: A five-part film exploring the health and well-being of Indigenous peoples living in Canada

<https://theunforgotten.cma.ca/>

KAIROS

<https://www.kairosblanketexercise.org/>



Aboriginal Healing Foundation

<https://www.ahf.ca/publications/research-series>



Waakebiness-Bryce Institute for Indigenous Health

<https://www.youtube.com/channel/UC18dyLhqwr0hPojGsWPRI3w>

(Includes presentations from Ontario NEIHR)

Thomas X: Seven teachings

https://www.youtube.com/watch?v=ZGh1BXrf_Os

Thomas X is an Ojibwe Hip Hop Artist.

Dr. Leroy Little Bear

Big Thinking- Leroy Little Bear: Blackfoot Metaphysics 'waiting in the wings'

https://www.youtube.com/watch?v=o_txPA8CiA4

Dr. Leroy Little Bear (Jan. 14, 2015)

Indigenous Knowledge and Western Science

<https://www.youtube.com/watch?v=gJSJ28eEUjI>

Dr. Maria Yellow Horse Brave Heart (Nov. 4, 2015)

Historical Trauma in Native American Populations

<https://www.youtube.com/watch?v=RZtCS1362UI>

Dr. Joseph Gone (August 17, 2015) Psychologist (25 minutes)

Historical Trauma, Therapy Culture, & the Indigenous Boarding School Legacy

https://www.youtube.com/watch?v=vTk-P_wCtq8

First Peoples-First Person Talks: Bill Mussell (1 hour 18 minutes) Honorary Doctorate 2016

Part 1 <https://www.youtube.com/watch?v=XND0ZNBUnnA>



Part 2 <https://www.youtube.com/watch?v=WnK9KK8Y8ic>

Anthropology, Genomics, and Whiteness – a lecture by Dr. Kim Tallbear

https://www.youtube.com/watch?v=pzVKVBgb4S4&ab_channel=IntellectualPropertyIssuesinCulturalHeritage

Podcasts

Mino Bimaadiziwin Podcast Episode: Indigenous Mental Health Pioneer Danny Manitowabi.

<https://thunderbirdpf.org/mino-bimaadiziwin-danny-manitowabi/>