

Agenda

*Topics, speakers and times subject to change *

Day 1 Tuesday, November 19 th	
1200–1230 (30 min.)	Registration (<i>Please note: lunch is NOT provided</i>)
1230-1315 (45 min.)	Welcome <i>(Ballroom B)</i> Opening Prayer Drum Song Opening Remarks & Introduction of Planning Committee Greetings: Katherine Hennessy, Director, Primary Care & Clinical Services, FNIHB-SK
1315-1415 (60 min.)	Opening Keynote <i>How to love yourself and not worry about taking things personally</i> – Jan Cyr This session will discuss: <ul style="list-style-type: none"> • Choosing a path that turns that niggling inner critic into a cheer squad, exciting your purpose and reigniting your energy and passion. • Jan Cyr's 10 easy steps on self-love, and self-awareness tips on how to not take things too personally.
1415–1430 (15 min.)	Health Break/ Display Viewing: Beverages and Snacks provided <i>(Ballroom B - Mezzanine)</i>
1430-1530 (60 min.)	Plenary I <i>Nurturing the Seed: Supporting Infant and Early Childhood Mental Health in Indigenous Families</i> – Dr. Chaya Kulkarni This session will discuss: <ul style="list-style-type: none"> • Many people play a role in supporting Indigenous infants, children and families in their life journeys. Infant Mental Health Promotion (IMHP) has had the opportunity to meet with Indigenous partners across Canada to discuss how we can engage to support Indigenous infants, young children, and families. Nurturing the Seed: A Developmental Support Planning Model for Working with Indigenous Infants, Children and Families - is intended to help non-Indigenous practitioners recognize and honour differing experiences, worldviews and values, and use culturally safe approaches specifically relating to promoting early mental health and wellness.
1530-1630 (60 min.)	Plenary II <i>Chief Delorme on bridging the two ideologies: Canadian and Indigenous</i> – Chief Cadmus Delorme This session will discuss: <ul style="list-style-type: none"> • Chief Cadmus Delorme will share his personal journey and how his role as Chief can help people understand the role they can play in the TRC Calls to Action. Chief Delorme brings Indigenous knowledge, humour, and Indigenous pride to leave the audience with a better understanding of what a Treaty Relationship can look like moving forward.
1630	End of Day One
1630–1645 (15 min.)	<i>Canadian Indigenous Nurses Association (CINA) information session</i> – Marilee Nowgesic






Day 2 Wednesday, November 20 th	
0800-0830 (30 min.)	Continental Breakfast (provided), Registration, Display Viewing
0830-0845 (15 min.)	Welcome Back & Opening Remarks <i>(Ballroom B)</i>
0845-0855 (10 min.)	Relocation Break
0855-0945 (50 min.)	Concurrent Sessions - 1A1, 1B, 1C (STARS), 1D
1A1	<p><i>Dermatology Basics and Dermatologic Nomenclature: Which rash is which?</i> – Dr. Rachel Asiniwasis <i>(Ballroom B)</i></p> <p>This session will discuss:</p> <ul style="list-style-type: none"> • Commonly seen chronic skin conditions in remote First Nations communities • Atopic Dermatitis (eczema) and complications • Psoriasis • Skin Infections and Infestations (Scabies, Lice, Impetigo, MRSA, Bed Bugs), how to diagnose and manage them
1B	<p><i>Sanctum Care Group – An alternative Community Care approach</i> – Kathy Malbeuf <i>(Canadian)</i></p> <p>This session will:</p> <ul style="list-style-type: none"> • Discuss the mission of the Sanctum Care Group non-profit organization • Provide an overview of the Sanctum Care Group programs including the Transitional Care Home and Hospice (Sanctum), the HIV transitional apartment (The Beehive), and the HIV AIDS Response Team (HART) • Describe in detail Sanctum 1.5 the pre and post-natal transitional home for HIV positive mothers, the first of its kind in Canada
1C	<p><i>Emergency Obstetrical Complication – STARS Simulation 1 (longer sim)</i> (0855-1045) (1 hr. 50 minutes) <i>(STARS bus)</i></p> <p>**pre-registration required**</p> <ul style="list-style-type: none"> • In this session participants will review and discuss normal childbirth and newborn management as well the management of some complications of childbirth.
1D	<p><i>Moving from Lateral Violence to Lateral Kindness</i> – Greg Riehl <i>(Courtyard)</i></p> <p>This session will:</p> <ul style="list-style-type: none"> • Identify common characteristics of lateral violence behaviours in the workplace • Translate interventions to decrease lateral violence and move towards collective behaviours that focus on individual and team strengths that support positive client and community outcomes

Day 2 Wednesday, November 20 th continued	
0945-0955 (10 min.)	Relocation Break
0955-1045 (50 min.)	Concurrent Sessions - 1A2 1B, 1D Repeat 1C (STARS) Continued
1A2	<p>Remote Dermatology Clinics: Overview and How do I get a Dermatology consult? – Dr. Rachel Asiniwasis</p> <p style="text-align: right;"><i>(Ballroom B)</i></p> <p>This session will discuss:</p> <ul style="list-style-type: none"> • Unique barriers with regards to skin conditions faced by nursing in remote First Nations communities and possible solutions • Case examples of common skin conditions seen in remote First Nations communities • Practical Skin Tips and Pearls for the remote nurse
1045-1115 (30 min.)	Health Break/Display Viewing: Beverages/Snacks provided <i>(Ballroom B - Mezzanine)</i>
1115-1205 (50 min.)	Concurrent Sessions - 2A, 2B, 2C (STARS), 2D
2A	<p>The Dynamics of Crystal Meth – Dr. Raj Hathiramani</p> <p style="text-align: right;"><i>(Ballroom B)</i></p> <p>This session will discuss:</p> <ul style="list-style-type: none"> • Crystal Meth is a highly addictive drug that is having many negative ripple effects that is creating havoc and chaos, not only for the user, but also to families, communities and to our society. • In this session we explore how this drug works, and the personal, social and societal implications it has.
2B	<p>Taking on the challenge of vaccine hesitancy: Interventions at the practice and population level – Jessica Harper</p> <p style="text-align: right;"><i>(Canadian)</i></p> <p>This session will discuss:</p> <ul style="list-style-type: none"> • Evidence on strategies to address vaccine hesitancy • The principles of motivational interviewing and how these principles improve communication with clients and families who are vaccine hesitant • Examples of free online materials designed to improve immunization acceptance and uptake in Canada.
2C	<p>Emergency Cardiac Review – STARS Simulation 2 (shorter sim)</p> <p style="text-align: right;"><i>(STARS bus)</i></p> <p>**pre-registration required**</p> <ul style="list-style-type: none"> • In this session participants will review the initial management of the patient experiencing an ST segment elevation myocardial infarction. Time permitting there will also be a review of the management of brady and tachy arrhythmias.

Day 2 Wednesday, November 20 th continued	
2D	<p><i>Making baby willow wellness protectors</i> – Joseph Naytowhow <i>(Courtyard)</i></p> <ul style="list-style-type: none"> • **Max 25 participants per session. Pre-registration required** • Traditionally babies were sung to and provided with four directions willow protectors. Participants are asked to bring their inspiration, a feather or two and favourite lullaby as Joseph facilitates this relaxing activity. All other materials included. Participants will leave with their own four directions baby willow protector
1205-1300 (55 min.)	Lunch (provided) / Display Viewing <i>(Ballroom B)</i>
1300-1350 (50 min.)	Concurrent Sessions - 2A, 2B, 2D <u>Repeated</u> 3C (STARS)
3C	<p><i>Emergency Obstetrical Complications – STARS Simulation 3 (longer sim)</i> (1300-1445) (1 hr. 45 minutes) <i>(STARS bus)</i></p> <p>**pre-registration required**</p> <ul style="list-style-type: none"> • In this session participants will review and discuss normal childbirth and newborn management as well the management of some complications of childbirth.
1350-1355	Relocation Break
1355-1445 (50 min.)	Concurrent Sessions - 3A, 3B, 3D, 3E 3C (STARS) <u>Continued</u>
3A	<p><i>Making Sense of Kidney Failure and Dialysis</i> – Carmen Levandoski <i>(Manitoba)</i></p> <p>This session will discuss:</p> <ul style="list-style-type: none"> • Basic, but current, statistics about end stage kidney disease • Advice for medical management of mid to end stage kidney disease • Information about dialysis trends in Saskatchewan.
3B	<p><i>Syphilis</i> – Dr. Johnmark Opondo, Janice Seebach <i>(Ballroom B)</i></p>
3D	<p><i>Cultural Safety and Reconciliation in Health Care</i> – Dr. Jaris Swidrovich <i>(Courtyard)</i></p> <p>Through theory and storytelling, this session will:</p> <ul style="list-style-type: none"> • Examine what cultural safety looks like in health care and what culturally safe care should not look like • Discuss suggestions for responding to the Truth and Reconciliation Commission of Canada's Calls to Action.
3E	<p><i>What should I put on this Wound?</i> – Patsy Maclean <i>(Canadian)</i></p> <ul style="list-style-type: none"> • This session will discuss advanced wound care products and indications for their use.

Day 2 Wednesday, November 20 th continued	
1445-1515 (30 min.)	Health Break/Display Viewing: Beverages/Snacks provided <i>(Ballroom B - Mezzanine)</i>
1515-1605 (50 min.)	Concurrent Sessions – 3A, 3B, 3D, 3E <u>Repeated</u> 4C (STARS)
4C	Emergency Cardiac Review – STARS Simulation 4 (shorter sim) <i>(STARS bus)</i> **pre-registration required** <ul style="list-style-type: none"> In this session participants will review the initial management of the patient experiencing an ST segment elevation myocardial infarction. Time permitting there will also be a review of the management of brady and tachy arrhythmias.
1605	End of Day Two
1610-1625 (15 min.)	Canadian Indigenous Nurses Association (CINA) information session – Marilee Nowgesic <i>(Ballroom B)</i>

Canadian – lower level, to right of the pool
 Courtyard – main floor, to the right of Starbucks
 Manitoba Room – lower level, to the right of the restaurant

-  Home Care Stream
-  CHN Stream
-  Primary Care Stream (STARS)
-  Primary Care Stream (Concurrent Session)
-  Leadership and Emerging Issues Stream

*You may choose from any of the streams. You are **NOT** required to follow only one stream.

Day 3 Thursday, November 21 st	
0800-0830 (30 min.)	Continental Breakfast (provided), Display Viewing
0830-0845 (15 min.)	Welcome Back & Opening Remarks (Ballroom B)
0845-1000 (75 min.)	<p>Plenary III</p> <p><i>To Post or Not To Post?: Legal risk management in social media and mobile devices</i> – Alanna Lawson</p> <p>This session will:</p> <ul style="list-style-type: none"> • Highlight professional/legal issues surrounding social media and your professional practice. • Assist with understanding the benefits and risks of using mobile devices in your practice • Demonstrate some of the consequences of inappropriate use of social media or mobile devices on your professional practice.
1000–1015 (15 min.)	Health Break/Display Viewing: Beverages/Snacks provided (Ballroom B - Mezzanine)
1015–1115 (60 min.)	<p>Plenary IV</p> <p><i>Reconciliation: Fulfilling the Spirit and Intent of Treaty through Treaty Awareness and Cultural Understanding</i> - Amy Seesequasis</p> <ul style="list-style-type: none"> • Reconciliation for all people begins when we recognize the importance of Treaties and our role and responsibilities as Treaty people. Through awareness of the Numbered Treaties and the history and culture of the First Nations Treaty partners, individuals gain an understanding of their roles and responsibilities in living and breathing reconciliation, and fostering communities based on good race relations.
1115-1230 (75 min.)	<p>Closing Keynote</p> <p><i>The Nerve to Serve, Say Hello to Humor & Goodbye to Burnout!</i></p> <p>– Jody Urquhart</p> <ul style="list-style-type: none"> • Humor helps. The ability to laugh at life helps us deal with daily disappointments and setbacks. Humor gives health care professionals the nerve to serve in our increasingly complex and challenging environment. Join us as we demonstrate how humor helps you stay in control, stay positive, and maintain balance and perspective. Jody will help participants learn how to: <ul style="list-style-type: none"> ○ Laugh at the tough stuff. When stress persists, be compelled to take yourself lightly, so the stress isn't as heavy or emotionally exhausting. ○ Say hello to humor and goodbye to burnout ○ Use appropriate humor as a tool, not a weapon ○ Play along the way and enjoy work while boosting productivity and focus ○ Be compelled to use humor, laughter, and play to breathe new passion and resilience into work ○ Use their Amuse System to Boost their Immune System ○ Use humor to create rapport and win trust and loyalty
1230–1240 (10 min.)	Closing Remarks