

Day 1 Tuesday, November 21st	
1200 – 1230 (30 min.)	Registration (<i>Please note: lunch is NOT provided</i>)
1230 - 1300 (30 min.)	Welcome Opening Prayer - Elder Jeanne Sutherland Opening Remarks & Introduction of Planning Committee Greetings: Alexander Campbell, Regional Executive Director, FNIHB-SK Katherine Hennessy, Director, Primary Care & Clinical Services, FNIHB-SK
1300-1400 (60 min.)	Opening Keynote: <i>Incorporating Healthy Choices, Moment by Moment</i> – Dr. Holly Graham Moment by moment we have the opportunity to decide how to react to our environment. Holly will discuss the challenges and practical strategies for your well-being in both your personal life and in the workplace. Tips on self-care, healthy communication, personal and professional boundaries, managing emotions, coping, relaxation strategies, and when to seek professional assistance will be discussed. The emphasis will be on utilizing a holistic approach, and exercising personal choice, moment by moment.
1400 – 1415 (15 min.)	Health Break/ Display Viewing: Beverages and Snacks provided
1415-1530 (75 min.)	Plenary I: <i>Knowledge Sharing around Medical Assistance in Dying (MAiD)</i> – Dr. Stefanie Green, Barb MacDonald This session will discuss: <ul style="list-style-type: none"> • The changes to legislation making Medical Assistance in Dying a possibility in Canada; • The guidelines that translate legislation to RN and RN(NP) practice in Saskatchewan, and • Some MAiD cases which demonstrate how the legislation and practice elements have been applied within the first year of this new practice in Canada.
1530-1630 (60 min.)	Plenary II: <i>Medical and non-medical cannabis use in Canada: What nurses need to know</i> – Dr. Lynda Balneaves This session will discuss <ul style="list-style-type: none"> • Current and upcoming policies and regulations related to medical and non-medical cannabis in Canada • The complex historical and social context surrounding cannabis as a medicine and drug • The current evidence regarding the risks and benefits of cannabis use, including non-medical and medical use • The implications and medical and non-medical cannabis for nursing practice
1630	End of Day One

	Home Care Stream
	CHN Stream
	Primary Care Stream
	Leadership and Emerging Issues Stream
	HIV

Day 2 Wednesday, November 22 nd	
0800-0830 (30 min.)	Continental Breakfast (provided), Registration, Display Viewing
0830-0845 (15 min.)	Welcome Back & Opening Remarks
0845-0855 (10 min.)	Relocation Break
0855-0945 (50 min.)	Concurrent Sessions - Set 1 – 1A, 1B, 1D, S1
1A	<p><i>Oncology Early Detection</i> – Denise Corbin, Laurie Pearce</p> <p>This session will discuss:</p> <ul style="list-style-type: none"> • The services offered by the Saskatchewan Cancer Agency • Cancer screening criteria • Types of cancer screening • Challenges of cancer screening
1B	<p><i>Normal & Abnormal Infant and Child Development</i> – Dr. Ruth Neufeld</p> <p>This session will discuss:</p> <ul style="list-style-type: none"> • Some basic principles of child development • Major developmental “red flag” milestones in the different “streams” of development • The first 5 years, recognizing that development is lifelong • Management of the child not reaching milestones
S1	<p><i>STARS Simulation 1 - Hypovolemic Shock</i></p> <p>(Please note: this session is 1 hour 50 mins - 0855-1045)</p>
1D	<p><i>Nursing Leadership</i> – Susan Bazylewski</p> <p>This session is planned to:</p> <ul style="list-style-type: none"> • Provide an overview of current leadership opportunities and challenges for nurses (regardless of position or title), in today’s health care environment • Increase effectiveness of individual nurses as leaders in their workplaces • Provide practical tips and pearls for building leadership in yourself and others.
0945-0955 (10 min.)	Relocation Break

0955-1045 (50 min.)	Concurrent Sessions – 1C (<u>offered once</u>), 1A, 1B, 1D <u>Repeated</u> STARS Simulation 1 <u>Continued</u>
1C	<i>Jordan’s Principle</i> – Wendy Laxdal, Randine Akapew (Please note: offered 0955-1045) This session will discuss: <ul style="list-style-type: none"> • What is Jordan’s Principle • What type of services and supports are eligible • How to request services or supports
1045 - 1115 (30 min.)	Health Break/Display Viewing: Beverages/Snacks provided
1115-1205 (50 min.)	Concurrent Sessions - Set 2
2A	<i>Research: Impact of industrial development in Alberta on the health of Aboriginal Peoples</i> - Lea Bill This session will discuss: <ul style="list-style-type: none"> • A 1996 report of wisdom synthesized from the Traditional Knowledge Component Studies where knowledge users of land expressed concerns of the future impacts of industry. • Traditional concepts of living documented in the report that support healthy life choices. • Current health trends within Alberta that reflect increased inequities of health status for its First Nations population some of which is believed to be a result of industrial impact. • The more recent work "Culturally safe Cancer pathway for First Nations Inuit and Metes in Rural & remote communities" in which similar concerns were raised in relation to depleted clean harvesting sites for traditional food, water quality issues and the rise in Cancer diagnosis with poor survivor rates
2B	<i>Breastfeeding: The Basics of Production and Latch, What every Prenatal Mom should know</i> – Naida Hawkins This session will discuss: <ul style="list-style-type: none"> • Milk production and latching techniques that will assist in caring for the pre to post-natal mom.
2C	<i>Pre and Post Test Counseling for HIV</i> – Tanys Isbister, Clarence Frenchman This session will discuss: <ul style="list-style-type: none"> • The essential components of pre-test counseling for HIV • How to provide results and post-test counseling
S2	<i>STARS Simulation 2 - ACLS</i> (Please note: this session is 50 mins 1115-1205)
2D	<i>If it’s legal it can’t be all bad...can it? Impact of Recreational and Medical Marijuana use during Pregnancy and Lactation on the Newborn</i> – Moni Snell This session will discuss: <ul style="list-style-type: none"> • The current use, risks, and differences between medical (CBD) and recreational (THC) marijuana • The impact of increased newborn exposure to recreational and medical marijuana with its legalization • Evidence based education for women and current management strategies for caring for newborns exposed to THC through pregnancy and breastfeeding

1205-1300 (55 min.)	Lunch (provided) / Display Viewing
1300-1350 (50 min.)	Concurrent Sessions- 2A, 2B, 2C, 2D <u>Repeated</u>
S3	STARS Simulation 3 – Severe Diabetic Ketoacidosis (DKA) (Please note: this session is 1 hour and 45 mins 1300-1445)
1350-1355 (5 min.)	Relocation Break
1355-1445 (50 min.)	Concurrent Sessions - Set 3
3A	North Saskatchewan Dementia Assessment Program - Kim Taylor, Suzanne LeClaire This session will discuss: <ul style="list-style-type: none"> • Current rates of dementia, treatment strategies, and rationale for the development of the Dementia Assessment Team • The North Saskatchewan Dementia Assessment Program and the referral process to access services, current program outcomes, challenges and successes.
3B	Poverty: Working with Marginalized Communities – Dr. Yvonne Blonde
3C	What is your role in HIV Treatment and Care?: Working together to support HIV/Hep-C clients in their journey – Leslie Ann Smith This session will discuss: <ul style="list-style-type: none"> • Relationship building • Engaging clients into care and what clients need to know
S3	STARS Simulation 3 <u>Continued</u>
3D	Review of Pertussis Outbreak in Central Saskatchewan: Lessons Learned Dr. Rosemarie Ramsingh, Denise Kopp This session will discuss: <ul style="list-style-type: none"> • Pertussis epidemiology, incubation period, mode of transmission, period of communicability, preventive interventions, treatment and contact identification and follow up recommendations • How a public health outbreak is declared for vaccine preventable diseases in Saskatchewan • The steps of outbreak control for pertussis • Key lessons learned from the experience of an outbreak and best practices
1445-1515 (30 min.)	Health Break/Display Viewing: Beverages/Snacks provided
1515 – 1605 (50 min.)	Concurrent Sessions – 3A, 3B, 3C, 3D <u>Repeated</u>
S4	STARS Simulation 4 – ACLS (Please note this session is 50 mins 1515-1605)
1605	End of Day Two

Day 3 Thursday, November 23rd	
0800-0830 (30 min.)	Continental Breakfast (provided), Display Viewing
0830-0845 (15 min.)	Welcome Back & Opening Remarks
0845-0945 (1 hr.)	<p>Plenary III: <i>Why should I assess for suicide in my practice?</i> – Jose Pruden</p> <p>Nurses have a great number of opportunities to identify and intervene with clients that are suicidal. This presentation will build the case as to why nurses should be assessing their clients for suicide, provide a foundation for building suicide assessment skills, and review training available to further enhance assessment and intervention skills. The hope is that assessing for suicide becomes as common place as assessing for other illnesses in which clients with suicidal ideation get the help they need sooner.</p>
0945 – 1045 (1 hr.)	<p>Plenary IV: <i>Social media & mental health: Supporting youth in a digital world</i> – Katia Hildebrandt</p> <p>Constant connectivity and the rise of social media can be positive forces for relating to each other, but they also come with a unique set of challenges. The online world can present risks for young people’s mental health and wellness with issues such as cyberbullying and sexting. Participants will learn key concerns to watch for and will explore using social media and technology to help youth create supportive online communities enabling young people to be positive “up-standers” in our digital world.</p>
1045 – 1100 (15 min.)	Health Break/Display Viewing: Beverages/Snacks provided
1100-1215 (75 min.)	<p>Closing Keynote: <i>Breaking Busy – Finding Peace in the Chaos</i> - Linda Edgecombe</p> <p>Linda will reveal her research and data collected from dozens of organizations on how Chaos and “Busy” have become the new norm and wound us into the most unproductive and basically unhappy demographic in the past 30 years. Her No BS and very humorous approach will have you and your audience rolling in the aisles as she invites you to Break Busy this year. Her Essentials to living a Resilient Life will be the key to creating your life on your terms.</p>
1215 – 1230 (15 min.)	Closing Remarks