

BECOME A MENTAL HEALTH FIRST AIDER



What you can expect from this course:

- Gain the confidence and skills to engage someone with an emerging mental health problem or in a mental health crisis;
- Greater recognition of mental health problems;
- Decreased stigma; and
- Improved mental health for yourself.

This course qualifies for the SRNA yearly continuing competence program

Workshop

■ Mental Health First Aid (MHFA) Basic

Join Jenn Selkirk, BN, MEd, RN, for a two day course. This workshop is for **Nurses** and other professionals working in health care settings.

June 6 & 7, 2019 8:30AM - 4 PM

Location:

St. Andrews College, Room 329
1121 College Drive
University of Saskatchewan, Saskatoon, SK

Registration Fee:

\$199.00 + \$9.95 (GST) = \$208.95

Registration closes May 23, 2019

Registration Information

www.nursing.usask.ca/cedn OR

Phone (306) 966-8363 or Toll Free: 1-844-966-6269 (ext. 4)

INSTRUCTOR | JENN SELKIRK



Mental Health
Commission
of Canada

Commission de
la santé mentale
du Canada

Mental Health First Aid Canada
Premiers soins en santé mentale



UNIVERSITY OF SASKATCHEWAN

College of Nursing

CONTINUING EDUCATION AND
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