

Day 1 Tuesday, November 6th	
1200 – 1230 (30 min.)	Registration (<i>Please note: lunch is NOT provided</i>)
1230 – 1315 (45 min.)	Welcome Opening Prayer - Elder Jeanne Sutherland Opening Remarks & Introduction of Planning Committee Greetings: Alexander Campbell, Regional Executive Director, FNIHB-SK Katherine Hennessy, Director, Primary Care & Clinical Services, FNIHB-SK
1315-1430 (75 min.)	Opening Keynote: <i>The Challenge of Bringing Joy back to our Work</i> – Brenda Senger This session will discuss: <ul style="list-style-type: none"> • How to identify the signs of burn-out • Individual and system risk factors that feed burn-out • Individual and system strategies for preventing burn-out and encouraging self-care • How to bring joy back into our work
1430 – 1445 (15 min.)	Health Break/ Display Viewing: Beverages and Snacks provided
1445-1600 (75 min.)	Plenary I: <i>Anxiety in Adolescence: From Angst to Empowerment</i> - Tania Johnson This session will: <ul style="list-style-type: none"> • Briefly identify neurobiological and physiological mechanisms that underlie anxiety • Recognize environmental and societal factors that contribute towards the increase in anxiety amongst children • Create a toolbox of emotional regulation strategies • Discuss the power of connection in calming the fight or flight response
1600	End of Day One

	Home Care Stream
	CHN Stream
	Primary Care Stream
	Leadership and Emerging Issues Stream
	STARS

Day 2 Wednesday, November 7 th	
0800-0830 (30 min.)	Continental Breakfast (provided), Registration, Display Viewing
0830-0845 (15 min.)	Welcome Back & Opening Remarks
0845-0855 (10 min.)	Relocation Break
0855-0945 (50 min.)	Concurrent Sessions - 1A, 1B, 1C, 1D, STARS1
1A	<p><i>Practical Dermatology Tips and Clinical Pearls for the RN</i> – Dr. Rachel Asiniwasis</p> <p>This session will:</p> <ul style="list-style-type: none"> • Review common clinical presentations of cutaneous conditions seen often by nursing staff in a variety of settings • Discuss clinical presentations, diagnosis, management, and practical tips and pearls • Review relevant cases on home care/wound care.
1B	<p>(0855-1045) (1 hr. 50 min.):</p> <p><i>Responding to FASD as a Whole Body Experience</i> - Shana Mohr & Andrea Kotlar-Livingston</p> <p>This session will:</p> <ul style="list-style-type: none"> • Discuss FASD as a whole body disorder • Review the new Canadian diagnostic guidelines as well as the common misconceptions about FASD. • Provide up-to-date information about FASD that will allow nurses to properly treat individuals with FASD, make sense of their behaviours and help set them up for success
1C	<p><i>Ostomy 101</i> – Joella Klassen</p> <p>This session will discuss:</p> <ul style="list-style-type: none"> • Bowel anatomy • A description of the causative factors resulting in bowel surgery • Types of ostomies resulting from surgery • Basic ostomy assessment and care

1D	<i>Workplace Impairment: Recreational Cannabis Use</i> – Amy Groothuis This session will discuss the importance of workplace policies that include: <ul style="list-style-type: none"> • Workplace expectations (smoke-free workplace, scent-free workplace) regarding cannabis and cannabis related products; • The consequences of cannabis impairment at work, including how impairment can be reasonably determined and the application of progressive discipline; • Employee self-disclosure of use and/or dependency, and how that will be treated; • The intersection of medical conditions and accommodation policies with respect to the use of medical cannabis; and • How accommodation policies ought to reflect dependency or addiction to cannabis.
STARS1	STARS Simulation 1 (longer sim) (0855-1045) (1 hr. 50 minutes) <i>Post-emergency childbirth hemorrhage and newborn management</i> **pre-registration required**
0945-0955 (10 min.)	Relocation Break
0955-1045 (50 min.)	Concurrent Sessions – 1A, 1C, 1D <u>Repeated</u> 1B <u>Continued</u>, STARS Simulation 1 (STARS1) <u>Continued</u>
1045 - 1115 (30 min.)	Health Break/Display Viewing: Beverages/Snacks provided
1115-1205 (50 min.)	Concurrent Sessions – 2A, 2B, 2D, STARS2
2A	<i>Jordan's Principle</i> – Randine Akapew This session will discuss: <ul style="list-style-type: none"> • What Jordan's Principle is • What type of services and supports are eligible • How to request services or supports
2B	<i>Optimizing Hepatitis C Care Delivery in your Community – What Nurses Need to Know</i> - Lesley Gallagher This session will discuss: <ul style="list-style-type: none"> • The Natural History of Hepatitis C • The 5 Pretreatment Patient Investigations • New Hepatitis C Treatments • On treatment monitoring • Post Treatment follow up
2D	<i>HIV Treatment: The Basics</i> - Mike Stuber This session will discuss: <ul style="list-style-type: none"> • HIV 101 and the Saskatchewan context • HIV medications • HIV testing and prevention, including Pre-exposure Prophylaxis (PrEP), Post-exposure Prophylaxis (PEP) and non-drug prevention. • Caring for people living with HIV

STARS2	STARS Simulation 2 (short sim) - <i>Opioid OD with airway management & naloxone</i> **pre-registration required**
1205-1300 (55 min.)	Lunch (provided) / Display Viewing
1300-1350 (50 min.)	Concurrent Sessions- 2A, 2D <u>Repeated</u> 3B STARS Simulation 3 (STARS3)
3B	(1300-1445) (1 hr. 45 min.): <i>Understanding and Supporting People with Autism Spectrum Disorder (ASD)</i> – Eileen Deswiage This session will discuss: <ul style="list-style-type: none"> • Facts and history regarding Autism Spectrum Disorder, changes in DSM-IV versus new diagnostic criteria in DSM 5 • Mental Health issues in ASD • Characteristics of autism and what this looks like in “real world situations” (“Red Flags” to look for in order to make a referral). • How to support families with children/youth impacted by ASD • Support services available for families and what the referral process looks like for caregivers and children impacted by ASD.
STARS3	STARS Simulation 3 (longer sim) (1300-1445) (1hr 45 minutes) <i>Trauma stabilization with fluid resuscitation</i> **pre-registration required**
1350-1355 (5 min.)	Relocation Break
1355-1445 (50 min.)	Concurrent Sessions - Set 3 – 3A, 3C, 3D, 3B (CHN3) <u>Continued</u> STARS Simulation 3 (STARS3) <u>Continued</u>
3A	<i>First Nations Culture and Western Contemporary Culture Together as a Healing Practice</i> – Rick Favel
3C	<i>From Antibigram to Bedside – Using Antibiotics Wisely in Common Infections</i> – Justin Kosar This session will discuss: <ul style="list-style-type: none"> • The importance of antimicrobial stewardship for everyday practice • How to identify patients who could benefit from the application of antimicrobial stewardship principles • Why antibiotics may not be required or the importance of using narrow spectrum first line antibiotics for treating common infections • Antimicrobial resistance patterns that are present/emerging in Sask.

3D	<p><i>Collaborative Decision Making Framework</i> – : Representatives from the Registered Psychiatric Nurses Association of Saskatchewan (RPNAS), the Saskatchewan Association of Licensed Practical Nurses (SALPN) and the Saskatchewan Registered Nurses Association (SRNA)</p> <p>This session will discuss:</p> <ul style="list-style-type: none"> • The history of the framework development • The overall purpose of the framework • The overarching and guiding principles • Next steps and evaluation of document effectiveness
1445-1515 (30 min.)	Health Break/Display Viewing: Beverages/Snacks provided
1515 – 1605 (50 min.)	<p>Concurrent Sessions – 3A, 3C, 3D <u>Repeated</u></p> <p>4B</p> <p>STARS Simulation 4 (STARS4)</p>
4B	<p><i>Planning a Liver Health Event in your Community</i> - Lesley Gallagher</p> <p>This session will discuss:</p> <ul style="list-style-type: none"> • How to initiate a pilot Liver Health Event (LHE) • A checklist for planning a LHE at your site • Components for a successful LHE
STARS4	STARS Simulation 4 (short sim) - <i>Opioid OD with airway management & naloxone</i>
1605	End of Day Two

Day 3 Thursday, November 8th	
0800-0830 (30 min.)	Continental Breakfast (provided), Display Viewing
0830-0845 (15 min.)	Welcome Back & Opening Remarks
0845-1000 (75 min.)	Plenary II: <i>Managing Legal Risks in Remote and Rural Practice</i> - Tim Langlois, Canadian Nurses Protective Society (CNPS) This session will: <ul style="list-style-type: none"> • Provide an introduction to CNPS as an organization. • Discuss some of the considerations nurses should keep in mind when practicing in remote/rural locations, including consent/capacity, privacy/confidentiality and boundaries issues. • Discuss how these considerations may come into play through relevant case studies.
1000 – 1015 (15 min.)	Health Break/Display Viewing: Beverages/Snacks provided
1015 – 1115 (1 hr.)	Plenary III: <i>Harm Reduction</i> - Marliss Taylor This session will: <ul style="list-style-type: none"> • Offer an expanded perspective on Harm Reduction practice and philosophy • Discuss policy issues that create greater harm • Identify some current practices across Canada • Discuss some of the challenges with Harm Reduction practice in smaller communities
1115-1230 (75 min.)	Closing Keynote: <i>3 Rules for Reaching Rock Solid Results!</i> - Barb Langlois How do you get results? Do it consistently? And in a healthcare environment? This tangible, humorous and inspiring keynote will spell out the exact strategies you need to get results in the healthcare setting. It doesn't matter whether you are a manager, an informal leader or in direct care, these rules will work for you! In the "Rules For Rock Solid Results" you will learn: <ul style="list-style-type: none"> • Fastest way to get momentum, • Questions that produce results, and • Where to focus for best results
1230 – 1240 (10 min.)	Closing Remarks