

Research & Scholarship Newsletter

September 2022

Message from Dr. Pammla Petrucka

I recently had a breathtaking experience of the aurora borealis (Northern Lights). As I pondered this particularly dynamic display, I reflected on how the diversity of the lights, spirals, and shifting patterns came together across the massive night sky. No one light outshone the next; no single flicker dominated – it was the unison that created the whole. This wonderous display is the product of massive solar wind disturbances and complex electromagnetic physics that few understand but all can admire. In much the same way, I have experienced the remarkable and innovative research aurora in the College of Nursing. Together let's experience the winds of change, the electric excitement of innovation, and embracing of diversity as we seek a spectacular canvas upon which to co-create the next generation of nursing research.

Equity, Diversity and Inclusion Considerations in Research

What is Equity, Diversity and Inclusion (EDI)? Equity, diversity, and inclusion (EDI) are a collection of practices, actions, and principles that address and challenge the systemic barriers and attitudes which create inequity for researchers, trainees, staff, and those with lived experience from equity-deserving groups. Research practices that embrace and value diverse perspectives and lived experiences are stronger and more likely to provide applicable expected outcomes for all. **Equity** requires the removal of systemic barriers and acknowledgement of biases thereby enabling equal opportunity and access for all individuals. Diversity includes the engagement of all perspectives and lived experiences, acknowledging the intersectionality of race, colour, place of origin, religion, immigrant and newcomer status, ethnic origin, ability, sex, sexual orientation, gender identity, gender expression and age. *Inclusion* encompasses practices that ensure all individuals, peoples, and communities are valued and respected

Researcher Q & A

Steven Hall, M.N. Student (Thesis)

Q: What areas of research and/or scholarly work are you interested in and why?

A: I research the experiences of family caregivers to older adults. I love working with this population, as Canada's population is aging, and I feel that my research efforts can have an impact on improving the lives of these individuals.

Q: Why did you choose the University of Saskatchewan to pursue your graduate nursing education?

A: It's a smaller college, so there are many opportunities to grow as a researcher if you are ambitious and seek them out. There is also incredible mentorship. I have been able to get to know my entire committee very well (Drs. Noelle Rohatinsky, Lorraine Holtslander, and Shelley Peacock), which I do not think would have been possible in a larger institution.

Q: What is the best part of taking your graduate nursing education?

A: I went into the Master of Nursing program because I love research. However, I had no idea that I would develop so many skills through thesis-based grad studies that are directly transferrable to my clinical practice. It is extremely rewarding to realize that the effort you put into continued learning can truly impact your practice and growth as a nurse.



for their contributions and equally supported in these contributions.

It should be noted that while Indigenous Peoples in Canada are equity-deserving groups that can be supported by EDI considerations, <u>researchers co-creating with Indigenous communities have responsibilities</u>, <u>expectations</u>, <u>and obligations to undertake research-related activities in ways that extend well beyond those identified under the principles of EDI.</u>

What should be included when building EDI into your research?

Development and implementation of an EDI strategy is becoming an expected component of many funding agencies. We encourage research teams to develop a strategy that extends well beyond the timeframe of a single research project. Below are a few "Do's and Do not's" to consider as you develop a strategy:

- ✓ DO address specific EDI challenges and identify at least one concrete practice in the following areas: 1) team composition, 2) training and development opportunities, and 3) inclusion.
- ✓ DO identify key EDI objectives and action items based on the needs of the team AND known systemic barriers within the research environment
- ✓ DO use "inclusive excellence" to recognize the value and strengths of your team members and to recruit research staff and trainees
- DO NOT engage in tokenistic practices such as "counts" of members in equity-deserving groups
- DO NOT expect or request that your team members self-disclose private information to be included in your grant application
- DO NOT subsume Indigenous research under the umbrella of EDI practices, strategies, and activities

Want to learn more? The following resources informed this article and may be useful in developing an EDI strategy for your research. University of Saskatchewan resources can be found here, and <a href=here. Tri-Council resources can be found <a href=here and <a href=here.



Stay Connected!

Learn more about our Nursing Research and Scholarship! Check out our <u>Webpage</u> and <u>Research Snapshot!</u> **Keep on top of upcoming funding opportunities!** Join the USask Health Science and/or Social Science <u>listserv!</u> **Do you engage in Patient-Oriented Research?** Join the SCPOR <u>Affiliated Researcher Alliance</u> (ARA)!

Celebrating Nursing Research & Scholarship Success!

In the News...

September 30th was National Day for Truth and Reconciliation. Please take time to look at the College social media channels to learn more about how College faculty and staff focused on reconciliation.

September 10th was World Suicide
Prevention Day. Did you know that Dr. Holly
Graham is working on a community co-led
partnership project exploring how a Creebased cultural intervention can reduce
violence and prevent suicide? Check out the
College social media pages for details or click
here to learn about Holly's work!

Research Publication: Congratulations to Steven Hall (M.N. Student) and Dr. Lorraine Holtslander on their latest publication! Details can be found here.

A selection of peer-reviewed journal articles indexed in Scopus from 2022:

- Albloushi, M., Ferguson, L., Hellsten, L. and 3 more (...) (2022). Modification, Translation, and Psychometric Testing of the Arabic Version of the Belongingness Scale-Clinical Placement Experience. Journal of Nursing Measurement, 30(1) 94-108.
- Wenzel, C., Melrose, S., Lane, A. and 1 more (...) (2022). Clinical instruction in mental health nursing: students' perceptions of best practices. International Journal of Nursing Education Scholarship, 19(1).

BE WHAT THE WORLD NEEDS

Nursing Research Spotlight

Innovations in Health Systems and Education Research



Noelle Rohatinsky RN, MN, PhD, CMSN (C) Associate Professor College of Nursing Campus: Saskatoon, SK

My research focuses on enhancing health service delivery and access to care in an effort to positively impact patient, family, and provider experiences and outcomes within the healthcare system.

Community-Engaged Health and Nursing Research



Tish King RN, BN, MNInstructor
College of Nursing Campus: Saskatoon, SK

I work in community partnerships and school-based health promotion, where the family comes first as a critical partner for health and wellness. My work focuses on relationships for health promotion and health education, media production, policy development and advocacy.

Health Equity Research



Anthony de Padua RN, BScN, MSc, PhD Assistant Professor College of Nursing Campus: Prince Albert, SK

My research goal is to engage Indigenous and non-Indigenous communities, organizations and individuals in order to achieve a more equal partnership within the health care system.

- Okello Wonyima, I., Fowler-Kerry, S., Nambozi, G. and 4 more (...) (2022). Hidden Tales of Ebola: Airing the Forgotten Voices of Ugandan "Ebola Nurses". Journal of Transcultural Nursing, 33(1) 72-78.
- Kihulya, M., Katalambula, L.K., Kapologwe, N.A. and 1 more (...) (2022). Effectiveness of a community-based intervention (Konga model) to address the factors contributing to viral load suppression among children living with HIV in Tanzania: a cluster-randomized clinical trial protocol. Biology Methods and Protocols, 7(1).
- Mcharo, S.K., Bally, J., Spurr, S. (2022). Nursing Presence in Pediatric Oncology: A Scoping Review. Journal
 of Pediatric Hematology/Oncology Nursing, 39(2) 99-113.

- dela Cruz, A.M., Maposa, S., Patten, S. and 10 more (...) (2022). "I die silently inside". Qualitative findings from a study of people living with HIV who migrate to and settle in Canada. Journal of Migration and Health. 5.
- Vandenberg, H., Johnson, L. (2022). Filling the Gap between Metropoles and Peripheries: Insights about Hospital Standardization from the British Columbia Hospital Association Conferences, 1918-30. Canadian bulletin of medical history = Bulletin canadien d'histoire de la medecine, 39(1) 125-152.
- Racine, L., Fowler-Kerry, S., Aiyer, H. (2022). Integrative review of the needs and challenges of indigenous palliative care in rural and remote settings. Journal of Advanced Nursing.
- Racine, L., Isik Andsoy, I. (2022). Barriers and Facilitators Influencing Arab Muslim Immigrant and Refugee Women's Breast Cancer Screening: A Narrative Review. Journal of Transcultural Nursing, 33(4) 542-549.
- Duggleby, W., O'Rourke, H.M., Baxter, P. and 10 more (...) (2022). Building a new life: a qualitative study of how family carers deal with significant changes. BMC Geriatrics, 22(1).

Help us Celebrate Success!

Submit something for yourself or on behalf of someone else. No success is too small to submit!

Submit a success today!

Once the form is submitted, we will work with you to determine the best way(s) to communicate and celebrate the items. If a submission is received on behalf of someone else, the individual will be contacted in advance of circulating the news publicly.

DID YOU KNOW? Using Social Media to Build Connections

- Prospective graduate students look at social media to find faculty they would like to work with as their supervisors?
- ✓ Plan a meeting with <u>Kylie</u> to discuss how your work can be highlighted on the College of Nursing social media pages.



Nursing History Facts

Contributor: Dr. Helen Vandenberg

The registration of nurses did not begin in Saskatchewan until 1917. When the SRNA held its first annual meeting in 1918, it defined its two primary roles as 1) to standardize nursing qualifications 2) To protect the nurses that acquired the status of RN. This meant a long battle toward better educational standards and an approved curriculum for student nurses.

(Source: Robinson, M. (1967). The first fifty years. Saskatchewan Registered Nurses' Association (SRNA))

Key Contacts:

<u>Dr. Louise Racine:</u> Associate Dean Research and Graduate Studies (Incoming)

<u>Dr. Pammla Petrucka</u>: Interim Associate Dean Research and Graduate Studies (Outgoing)

<u>Amanda McDonald</u>: Administrative Assistant – Research and Graduate Studies

Raeleen Wilson: Administrative Coordinator – Research and Graduate Studies

Robin Thurmeier: Research Facilitator (Pre-Award)

<u>Caitlin Olauson</u>: Research Coordinator (Post-Award)

Jill Brown: Graduate Program Coordinator

Kylie Kelso: Marketing and Communications Specialist

Tammy Morrison: Financial Analyst

Nicole Shapka: Strategic Business Advisor – Human

Resources

Important Dates:

Upcoming Grant Competitions

SHRF Align Grant - Call #3

Nov 25: Submit to UnivRS for approvals

Dec 6: Submit to Funder

CIHR <u>Operating Grant</u>: Diabetes, Psychosocial

Health, Prevention and Self-Management

Oct 20: Submit to UnivRS for approvals

Nov 1: Submit to Funder

CIHR Summer Program: Aging

Nov 14: Submit to UnivRS for approvals

Nov 21: Sponsors (Academic Supervisors)

submit Letter of Support (ResearchNet)

Nov 24: Submit to Funder (ResearchNet)

CIHR Catalyst Grant: Healthy Youth

Nov 7: Submit to UnivRS for approvals

Nov 15: Submit to Funder (ResearchNet)

Jim Pattison Research Grants

Nov 10: Submit Eligibility Check (SHRF RMS)

Jan 9: Submit to UnivRS for approvals

Jan 19: Submit to Funder (SHRF RMS)

SHRF Truth & Action Research Connections Grants

Oct 14: Submit to UnivRS for approvals

Oct 25: Submit to Funder (SHRF RMS)

October Awareness Days

Watch the College of Nursing social media feeds for stories linked to:

- ***** Breast Cancer Awareness Month
- World Homeless Day (October 10)
- **❖** World Mental Health Day (October 10)
 - **❖** World Food Day (October 16)

Follow our social media channels for more details!

Facebook

Twitter

Instagran

Contact Kylie if you have a research story that you would like to share.

College of Nursing Activities

October 13: College of Nursing Research and Scholarship Day!

Please join us virtually or in person for the College of Nursing Research & Scholarship Day featuring panel discussions and a virtual poster room highlighting abstracts from College of Nursing graduate students.

Register here - In person registration requested by October 4, 2022

October 14: College of Nursing Research Workshop
Day!

Join us to attend a number of workshops across three themes: 1) Communication and Knowledge Translation, 2) "How-To's" for Navigating the Research Process, and 3) Team Research.

Register here – In person registration requested by October 4, 2022

NURS 990 Sessions (12:00-12:50 pm)

October 5: Kevin Read, Becoming a better literature searcher: A hands on workshop

October 12: No seminar presented due to Research and Scholarship Day and Workshop Day

October 19: Hua Li, Maternal-infant attachment and its relationships with postpartum depression, anxiety, and stress in a Canadian community sample

October 26: Holly Graham, TBD

The above events are available to all within the College. Contact Raeleen to RSVP!

Other Research Activities

October 19: SSHRC Matters: RESOLVing

Saskatchewan Violence

This session will showcase academic and community-based research addressing the issue of violence in Saskatchewan, with a particular emphasis on the work of RESOLVE SK and its partners. A panel discussion will be held followed by a casual conversation.

Register here.