

Yorkton Nursing Program



UNIVERSITY OF SASKATCHEWAN
College of Nursing
NURSING.USASK.CA

Annual Report 2017



Introduction

In September 2014, the College of Nursing began offering the Bachelor of Science of Nursing (BSN) degree program in Yorkton, in partnership with Parkland College and Sunrise Health Region. In order to keep our regional stakeholders informed about our programming, we provide annual reporting on program indicators, such as student numbers and success rates, clinical placements and outreach.

It is our hope that by working closely with local stakeholders we will:


- 1) improve recruitment and retention
- 2) provide a nursing education that is contextually relevant for our Yorkton-area students
- 3) leverage clinical placements and other program components to positively impact regional health care
- 4) position our graduates to be community leaders and improve regional health outcomes.

We will continue to seek and invest in relationships that are mutually beneficial for the College, our students and our local partners.

We hope you enjoy this 2017 Annual Report. Please do not hesitate to contact us with questions or suggestions!



Previous Reports

 Our previous Yorkton Program Reports are available on our website:

[2016 Annual Report](#)

[2015 Annual Report](#)

[2014 Annual Report](#)

2017/18 Student Admissions and Enrolment

The College of Nursing allocates 15 seats annually to the Yorkton site, which we successfully filled in Fall 2017. Our total Bachelor of Science of Nursing enrolment in Yorkton is 47 students.

- Four, or 9%, are self-declared Aboriginal.
- Two are international students.

■ The median age of our Yorkton students is 22 years, with an age range of 19 - 40+ years.

■ Our retention rate in Yorkton (2014/15 – 2016/17) is 93%.

The 47 students come from 18 different high schools. Of communities with more than one student originating, 17 are from Yorkton,

five are from Melville, three are from Preeceville and three are from Canora.

A third of our incoming 2017 cohort, and 19% of our Yorkton students overall, are male. This is the highest proportion of any of our six campuses, and a very positive trend.

First Graduates

In June 2017, the first graduates from our Yorkton site convocated, Jessica Funk, Shelby Hersmiller, Eric McDowell and Jesslyn Schigol. All have since successfully passed the NCLEX – the National Council Licensure Examination for Registered Nurses. Congratulations to our newest alumni and good luck in the future!

Graduate Eric McDowell had this to say about being in Yorkton. "Taking the program at the Yorkton site with small class sizes was very beneficial to my learning. At times, it seemed as though we were receiving one-on-one instruction. Being from Yorkton, I did not have to move or rent a home in another city and best of all, I got to see my family each and every day when I got home. Another benefit of

completing my program in Yorkton was not having to look for a new job to help pay bills in a different city... I was able to keep my current

job and fortunately, I had a very supportive employer who allowed me to work when I could."



(l to r) Jessca Funk, Jesslyn Schigol, Eric McDowell and Shelby Hersmiller

New Faces



(l to r) Lynn Jansen, Karen Semchuk, Huey-Ming Tzeng, Michelle Fish, Anna Pacik and Heather Exner-Pirot

The College of Nursing has some new faces in its Leadership. Our new Dean, Dr. Huey-Ming Tzeng, began her position in September 2017 and was able to visit staff, students and stakeholders in Yorkton and Fort Qu'Appelle in early November. Dr. Tzeng is originally from Taiwan. She earned her PhD at the University of Michigan-Ann Arbor. She worked at the University of Michigan as a Professor and Associate Nursing Director; at the

Washington State University-Spokane as a Professor and Associate Dean, and as the Dean of the Tennessee Technological University Whitson-Hester School of Nursing.

Dr. Gerri Lasiuk has been appointed Assistant Dean, Regina and the South, beginning in July 2018, and will take over responsibilities for the Yorkton campus at that time from Dr. Lynn Jansen, who will go on sabbatical leave. Dr. Jansen was instrumental in establishing the Yorkton nursing program and we thank her for her efforts!



Dr. Huey-Ming has lunch with students at the Yorkton Site

Lab Opening

On March 3, 2017, the College of Nursing hosted a come and go reception to celebrate the official opening of the Nursing Clinical Skills Lab at the Yorkton Regional Health Centre. The new lab provides a consolidated and standardized practice space to host nursing labs in the second and third year of the Bachelor of Science in Nursing program. It includes four patient beds, simulation mannequins and various medical devices. Michelle Fish is the Clinical Learning Technician for the lab. We were grateful to have the Honourable Greg Ottenbreit, Minister for Rural and Remote Health, Christina Denyseck, Acting CEO of Sunrise Health Region, Roberta Wiwcharuk, Vice President of Integrated Health Services, Sunrise Health Region and Dwayne Reeve, President of Parkland College in attendance to celebrate the grand opening with us.



Celebrating the Nursing Clinical Skills Lab grand opening with an official ribbon cutting

Clinical Placements

Clinical placements are an essential part of nursing education. While students learn many nursing skills in the classroom and lab with simulated experiences, it is important for their personal and professional development to be exposed to a variety of clinical experiences outside of the lab.

Clinical experiences for the 2017/18 academic year include:

Year in Program	Course	# of Students	# of Clinical Groups (Instructor Led)	Location of Placement	Time Frame	Clinical Hours
2	Assessment and Components of Care	15	2	Yorkton Regional Nursing Home – Long-Term Care	Nov - Dec 2017	24
2	Patient and Family Centred Care in Clinical	14	3	Yorkton Regional Health Centre – Medicine/Surgery	May & June 2018	144
3	Integrating Mental Health Nursing in Practice	14	2 - 3	Yorkton Regional Health Centre – In-patient Mental Health	May & June 2018	156
3	Maternal Family Centred Nursing Practice	15	3	Yorkton Regional Health Centre – Obstetrical Unit	Jan - Apr 2017	78
3	Maternal Family Centred Nursing Practice	11	3	Yorkton Regional Health Centre – Pediatrics Cornerstone Therapies Sunrise Health and Wellness Centre Regina General Hospital 4F	Jan - Apr 2018	78
3	Complex Nursing Care Practice	12	3	Yorkton Regional Health Centre – Surgical /Medical units	Sept - Dec 2017	156
4	Community Health Nursing Practice	13	2	Yorkton Family Resource Centre Yorkton Public Health	Sept - Dec 2017	260
4	Practice Integration	12	Preceptored	Variety of placements throughout Sunrise Health Region Yorkton Regional Health Centre – Pediatrics, Obstetrics, Emergency, Medicine, Surgery Melville, Canora, Kamsack, Roblin	Jan - Apr 2018	336

Interested in what a clinical placement looks like? Here is a summary of what the students did for their NURS 431 practicum, led by Clinical Associate Mobola Ogunbiyi, in Yorkton at The Society for the Involvement of Good Neighbors (SIGN).

- The students organized health promotion activities, arts and crafts for children attending the after school club.
- Students participated in the day-to-day activities at the Yorkton Family Resource Centre. They

led group sessions and cooking classes for children, as well as activities for kids, such as 'germ tag' and 'nutrition bingo'. They also interacted with parents attending the Centre.

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(l to r) Marci Scott, Jillian Henry-Wilkinson, Paige Fogg, Emily Ksynduk and Presley DeCock

■ Course Innovations

Our Leadership course, NURS 422, similarly included a poster event at Yorkton Regional Health Centre. One issue of particular interest was captured in the poster entitled, "Preventing Workplace Violence in Healthcare", by Yorkton students, Presley DeCock, Paige Fogg, Emily Ksynduk and Jillian Henry-Wilkinson. The poster provided an overview of workplace violence, including a definition and statistics pertaining to nurse-to-nurse or lateral violence and the role of nursing leaders in promoting violence-free workplaces.

Assistant Professor Kathy Rodger, who is based at our Regina campus, used remote presence (robotics) technology to remotely teach a clinical nursing course in Yorkton. The Yorkton RP-Vita Robot "Seymour" was used to facilitate this process. Rodger communicated with instructors and students directly on the nursing units via Seymour.

Rodger was able to communicate, role model and advise clinical teachers about course requirements and teaching strategies, and was able to provide real-time advice in clinical practice situations to promote optimal student learning.

A new service delivery model has been developed for clinical instruction in Yorkton Public Health. The University of Saskatchewan contracted a Sunrise Health Region employee to teach our students three days a week. The employee was able to retain their Sunrise position, and seniority, and the health region billed the College for the days they taught our students. This was very effective, and allowed the students to get an exceptional clinical experience as they were being taught by the person who was actively working in the role of Public Health Nurse.

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- Students worked with a public health nurse to deliver services to drug/substance users with the needle exchange program. They did some health promotion activities for the clients, including adding 'quick facts' stickers on HIV and Hepatitis given on free lollipops, as well as pamphlets on overdose.
- Students gave health promotion presentations to the students at Dream Builder's High School, Yorkton's alternative high school, including information on drug abuse and drug free activities, working through anxiety and Sexually Transmitted Infections (STIs).
- Health promotion poster presentations with various booths were displayed in Kamsack at the New Beginnings Community Outreach Center, Dream Builders and at Parkland College. These included information on HIV and Sexually Transmitted Infections (STIs) for HIV Awareness Week.

■ Career Fair Events

Each year, College of Nursing staff and faculty attend several annual career fairs in southern Saskatchewan, including Tribal Council and First Nation band school career fairs. Recruitment in southern Saskatchewan is based on building relationships with schools, guidance counsellors, post-secondary counsellors, students and parents who attend these career fairs. Faculty, as

well as, Professional and Aboriginal Academic Advisors who attend career fairs, interact with interested high school students, adult learners and the general public who seek to know more about the University of Saskatchewan nursing program and how to apply.

If you or someone you know is interested in the BSN program, they

can apply to the pre-professional year (Year 1) at Parkland College at <http://www.parklandcollege.sk.ca/programs/university/firstyear/prenursing.html>, and to the College of Nursing (Year 2) at <https://nursing.usask.ca/programs/bachelor-of-science/apply-now.php>. The BSN admission deadline is March 31 every year. Contact an advisor to discuss your options!

■ Summer Student Placements

Third year nursing students Collette MacArthur and Shelby Lang were hired as Summer Students with the College of Nursing. Shelby assisted Yorkton Tribal Council nutritionist Kristen Soloway on a number of activities, including diabetes education and the Yorkton Tribal Council Culture Camp.

Collette conducted research on early childhood literacy, piloted two eBooks on the Seven Sacred Teachings (targeted at different age groups) co-created by two other Indigenous nursing students, and assisted with the Yorkton Tribal Council Culture Camp held August 21 - 23, 2017.

The eBooks are free and available online:

<https://traditionalteachings.atavist.com/the-seven-sacred-teachings-rps> (Pre-K - Grade 2)

https://traditionalteachings.atavist.com/7sacredteachingsforkids_treaty4ed_usask (Grade 3-6).

The student placements were supported by the Ministry of Economy Student Summer Works Program, the Undergraduate Student Research Assistantship fund and the UCAN (University of Saskatchewan Community of Aboriginal Nursing) program.

Nursing student Collette MacArthur at Yorkton Tribal Council Culture Camp



HIV Awareness Week

Fourth year nursing students Jillian Henry-Wilkinson, Taylor Trost, Courtney Severson, Dara Yacishyn and Presley DeCock did some wonderful work in November to highlight HIV Awareness Week, as Saskatchewan faces the highest rates of HIV infection in the country. On November 30th, the nursing students hosted a pizza fundraiser to purchase and maintain supplies for a condom dispensary at Parkland College. They further provided awareness to many students about HIV, other Sexually Transmitted Infections and contraceptives.

On December 1st, World AIDS Day, the students further organized a community luncheon at the New Beginnings Community Outreach Center in Kamsack. They also provided basic information on HIV and



(l to r) Presley DeCock, Jillian Henry-Wilkinson, Courtney Severson and Dara Yacishyn

encouraged group discussions with local peer support workers from the Sunrise Health Region.

The students were able to garner support from many partners, including Save on Foods (Yorkton), Prairie Grain Bakery (Kamsack), Life-styles Condoms, Deanna Bartok and

the Sunrise Health Region, and Gwen Machnee and Parkland College. Clinical instructors Marie Dietrich Leurer and Mobola Ogunbiyi were also integral to planning these events in their clinical rotations and Heather Cote-Soop and the College of Nursing provided assistance and funding.


Truth & Reconciliation

Parkland College and the College of Nursing in Yorkton hosted a lunch and learn October 6th for students, staff and faculty to learn about First Nation and Métis culture and the Truth and Reconciliation Commission Calls to Action. The event was sparked by 4th year student Jillian Henry-Wilkinson, who wanted to do something to promote reconciliation in her community. During the event, a Reading for Reconciliation library was unveiled and at an information kiosk, guests were able to learn about the Truth & Reconciliation

Calls to Action, the Medicine Wheel buttons and background on First Nations and Métis people in Saskatchewan. Elder Corrine Brass from Cote First Nation talked about local Indigenous culture and everyone shared a traditional meal of soup and bannock. During the event, students, staff and faculty took part in an interactive art project; using red, yellow, black and white paint, participants dipped their hands in paint and applied it to a pre-drawn medicine wheel.



Reading for Reconciliation libraries are available at all College of Nursing sites across Saskatchewan

 **For more information,
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