



Meet Your Nurse Practitioner

A member of the healthcare team working hard to keep you healthy.

Nurse Practitioners – What do we do?

- Work independently and collaboratively as members of the health care team to assess, diagnose and manage common medical conditions
- Focus on health promotion and disease prevention
- Provide services to patients of all ages, families, groups and communities
- Make a significant contribution to the breadth and quality of health care services available to Saskatchewan residents
- Deliver high quality, effective care resulting in positive health outcomes and high patient and family satisfaction

Nurse Practitioners are Registered Nurses with advanced education and experience. Currently, there are over 200 Nurse Practitioners working in Saskatchewan (2016).

What services do Nurse Practitioners provide?

- Assess and manage common health concerns, such as diabetes, ear infections, arthritis and asthma
- Consult, refer to and collaborate with specialists as required
- Complete annual physicals
- Offer prenatal care, well-baby and well-child visits
- Order and interpret diagnostic tests, such as labs and x-rays
- Prescribe medications
- Recommend non-drug management options
- Perform minor surgical procedures, such as stitches
- Provide health education, counselling and screening
- Deliver community health programs
- Coordinate client care and help patients and families navigate the health system

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