

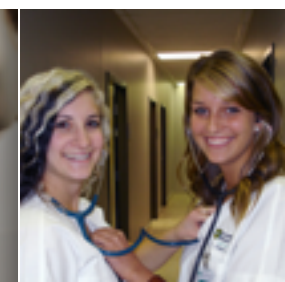


# 2012 Annual Impact



UNIVERSITY OF  
SASKATCHEWAN

College of Nursing



# College at a Glance

## VISION

The College of Nursing is a world leader in educating nurses in interprofessional health care, research, practice, innovation, capacity building and policy development.

## MISSION

As University nursing faculty in Saskatchewan, the College of Nursing strengthens nursing, health and the health care system, through the creation and integration of knowledge from research, education and practice.

## PROGRAMS

The College of Nursing admits students to the following programs:

UNDERGRADUATE	GRADUATE
Bachelor of Science in Nursing (BSN) Post-Degree BSN	Master of Nursing (MN) Primary Health Care Nurse Practitioner (NP) Post-Graduate Nurse Practitioner Certificate (NP) Doctor of Philosophy (PhD) in Nursing

## HISTORY

- 1938** School of Nursing established as a department within the College of Medicine
- 1973** School of Nursing renamed the College of Nursing
- 1986** Master of Nursing (MN) program introduced
- 1996** Nursing Education Program of Saskatchewan (NEPS) formed (partnership with the U of S, Saskatchewan Institute of Applied Science and Technology (SIAST) and First Nations University of Canada (FNUUniv))
- 2006** Primary Health Care Nurse Practitioner (NP) program created
- 2007** Doctor of Philosophy (PhD) in Nursing program established
- 2009** Post-Graduate Nurse Practitioner (NP) Certificate introduced
- 2010** Last NEPS students entered the collaborative program
- 2011** New College of Nursing non-direct entry BSN program began

# Message from the Dean

■ **As I look back on 2012, I am honoured to say the College of Nursing has truly defined itself as a frontrunner in several areas of nursing education.** In the past twelve months, we have achieved goals, been recognized with awards and led the way with innovative technology; a few of these stories, I will briefly highlight below.

In June, we introduced Remote Presence Telementoring, which is the use of robotic type equipment for the delivery of nursing education in Northern Saskatchewan. This versatile technology allows professors to teach and assess clinical competencies in rural and remote locations in the undergraduate program, and soon in the Nurse Practitioner program as well. Our Continuing Education and Development for Nurses (formerly called Continuing Nursing Education) remains committed to promoting lifelong learning, by broadening their impact throughout the province of Saskatchewan and beyond. This past fall, we celebrated with our students who received scholarships and awards totaling just over \$187,000. This is another reflection of the impact our College supporters have when investing in the education of our future health care leaders.

"Learn where you live" has been our mantra over the last several years, but 2012 truly brought this alive. Our partnerships with health regions and regional colleges, where students can take their pre-professional year in nursing, our commitment to nursing seats in Northern Saskatchewan, as well as a newly established partnership with Sunrise Health Region in Yorkton ensures expanded capacity for nursing education throughout the province. We were also very excited to celebrate the grand opening of the new University of Saskatchewan Regina Campus, home to the College of Nursing!

There are so many other 2012 stories of outstanding faculty, staff and students – too numerous to mention in the following pages. When you have a moment, I invite you to read more at [www.usask.ca/nursing](http://www.usask.ca/nursing).



Lorna Butler, RN, PhD

Dean, College of Nursing



"Learn where you live" has been our mantra over the last several years, but 2012 truly brought this alive.

# Highlights of 2012

## COLLEGE INTRODUCES NEW BSN PROGRAM

In 2009, the Government of Saskatchewan increased the number of nursing seats in the province to 690 and distributed the seats equally among two providers – the University of Saskatchewan, and a collaborative between the University of Regina and the Saskatchewan Institute of Applied Science and Technology (SIAST). Previously, nursing education in the province was offered through the Nursing Education Program of Saskatchewan (NEPS); a partnership of the U of S, SIAST and First Nations University of Canada. The last NEPS students entered the program in 2010.

Following the dissolution of NEPS, the U of S College of Nursing developed a non-direct entry, four year baccalaureate program consisting of a pre-professional first year, followed by three years of nursing education. The first U of S Bachelor of Science in Nursing (BSN) students entered the College of Nursing in September. The college now has the capacity to admit 345 undergraduate BSN students throughout the province each year. The first graduating class from the new program will be in 2015.

The increased number of nursing seats in the province allows more students to pursue their dream of becoming a nurse; thereby, decreasing the potential impact of a nursing shortage in the province as our nursing workforce begins to retire.



*Using video conferencing on September 5th, 2012, the first class of the new BSN program was welcomed simultaneously across all sites during orientation*

## NEW FACES IMPROVE STUDENT EXPERIENCE

As the College of Nursing student numbers rise, the need for student support increases; as such, the College of Nursing academic advising team expanded in 2012. This team works directly with students to answer program questions and provide guidance on academic related topics. By having advisors in Saskatoon, Regina and Prince Albert, as well as six Aboriginal Nursing Advisors (Native Access Program to Nursing) throughout the province, the college is able to promptly answer student questions and address student needs in a timely manner.

The transition for students into the second year of the BSN nursing program can be overwhelming. By having a full team of advisors in place throughout the province, the college is able to reduce the negative impact of the transition; thereby, improving the overall student experience.



*Members of the College of Nursing academic advising team (l) to (r): Jill Brown, Sheila Watts, Maxine Watt (BSN '11), Rachelle Smith and Patricia Christie (BSN '06) Missing: NAPN advisors*

## **U OF S REGINA CAMPUS – HOME TO THE COLLEGE OF NURSING**

On November 7th, the U of S officially opened a stand-alone campus in Regina, home to the College of Nursing! Although the building is undergoing renovations, students have been attending classes and labs since September. "We are thrilled the U of S now has a modern teaching facility in Regina for our program," said Dean Lorna Butler.

Once renovations are complete in 2013, the campus will feature an updated lecture theatre, two classrooms, numerous break-out rooms, offices, a boardroom, a nursing skills practice lab that provides for simulation practice related to clinical experience, a large student learning commons and a graduate student mezzanine.

Students at the Regina campus are excited about the facility and feel the new space allows them to concentrate on their studies. "We are strictly focused on nursing classes here at the Regina campus, and I feel with nursing being the central focus, we will become better nurses for it," said second year BSN student Nicholas Fudger. He went on to say, "I enjoy the easy accessibility to the instructors here. We are encouraged to spend time with them and ask questions, which makes learning that much easier."

When asked about the environment at the new campus, second year BSN student Erca Asrat replied, "What I am enjoying most about the Regina campus is the people. Because we are a smaller class and we are at a campus just for the College of Nursing, I have built friendships with my classmates. I'm really looking forward to the upcoming years in the program."

The presence of a University of Saskatchewan physical campus space in Regina will allow the college to have an increased presence in Southern Saskatchewan and a greater impact on nursing education in the province.



*Regina student learning commons with graduate student space*

## **CON GOES ONLINE**

Welcome Social Media. The College of Nursing has jumped on board and is proud of our presence on both Facebook and Twitter. "Like" us on Facebook and "follow" us on Twitter for informative articles, college stories, photos, event listings and much more! We are always looking for fresh content. If you have something you would like featured, please send your suggestions to [kylie.dietrick@usask.ca](mailto:kylie.dietrick@usask.ca). During the last half of 2012, we gained over 400 Facebook friends and 200 Twitter followers.

We are using this interactive medium to connect with our students, staff, faculty, alumni and friends of the college. The impact of social media is incredible and the engagement we've experienced with our friends and followers is fantastic. For the college, it's an opportunity to connect our students across the province in interactive, engaging conversation. Join us today.



[facebook.com/usasknursing](https://facebook.com/usasknursing)



[twitter.com/uofsnursing](https://twitter.com/uofsnursing)

# Highlights of 2012

## BUILDING CAPACITY IN YORKTON

In April, the College of Nursing entered into a partnership with the Sunrise Health Region to offer nursing education in the Yorkton region. The partnership benefits both programs – the college, as we aim to build capacity throughout the province and the Sunrise Health Region, as they work on recruitment and retention of nurses within the region. “This partnership will enhance Sunrise Health Region’s vision to be a learning organization and directly links us to the University of Saskatchewan College of Nursing,” said President and CEO of Sunrise Health Region, Suann Laurent (BSN ’05).

In support of this partnership, Dr. Karen Semchuk (BSN ’77) from the College of Nursing was jointly appointed by the U of S and Sunrise Health Region as the Director of Professional Practice. She began her role on April 16th. She is working hard in the region to provide leadership in professional practice and clinical education, while bringing awareness to the College of Nursing program available in Yorkton.

“The goal of this partnership is to create a ‘learn where you live’ environment,” said Dean Lorna Butler. Having this partnership in place allows us to extend our reach across the province and support practicing nurses to pursue a Master of Nursing degree. Students can stay in their community to learn, reducing the impact of relocating to further their education. For the Sunrise Health Region, recruiting and retaining nurses already living in the region is much easier than hiring someone who has to move to the area.



*Dr. Karen Semchuk*

## TECHNOLOGY BRINGS NURSING EDUCATION TO THE NORTH

The College of Nursing unveiled exciting new technology in June to support student learning in Northern Saskatchewan without having to leave home. By using Remote Presence (RP) technology, nursing students living in northern communities now have access to nursing education. “The goal of launching Remote Presence technology is to address the critical shortage of healthcare workers in rural and remote communities,” said Dean Lorna Butler. “The pursuit of post-secondary education should not be impacted by geography. This technology offers students the opportunity to obtain a first-class education, without leaving their communities.”

The RP technology allows faculty experts located in Saskatoon, Regina and Prince Albert to teach and assess clinical competencies to students in La Ronge and Île-à-la-Crosse. These northern communities are excited to be the first in Canada to use this innovative technology for nursing education. Professor Carol Bullin (BSN ’97) is one of the professors who used the technology in 2012 to deliver the new undergraduate BSN program and she received the Provost’s Project Grant for Innovative Practice in Collaborative Teaching and Learning. When asked about using RP technology, Professor Bullin said, “The sky is the limit in terms of possibilities and this is just the beginning. The northern students have embraced this teaching strategy - I even get ‘robotic hugs!’”



*La Ronge 2nd year BSN students connect with Saskatoon using RP technology*

## PRINCE ALBERT STUDENTS BRING CHANGE

As part of Dr. June Anonson's fourth year nursing class at the Prince Albert campus, students divide into small groups and select a project. One of the projects they can choose from involves presenting a health concern related to their community to Prince Albert City Council. In November, students chose to raise a public health concern related to fire department response times, which were considered unacceptable by the group of students. In Jonaya Barkers presentation, she made the point, "In health care, a few minutes can mean the difference between life, death or disability. The golden hour is essential."

Four days following the presentation to City Council, there was a formal announcement made by the Prince Albert Fire Department on CBC radio – they were going to work to reduce their response time within the city. When asked about the impact of this student project, Dr. Anonson said, "Senior nursing students are our future leaders. Throughout this project, they realize the impact they can have in their communities through political action and active participation and how important their voice is to the future of health care of this country. Supporting them in this politically active leadership role is a critical component of nursing education and future mentoring in the workplace."



*Nursing student Jonaya Barker presents to Prince Albert City Council*

## CHERYL BESSE RECEIVES ANNUAL PROVOST'S TEACHING AWARD

The annual Provost's Award for Outstanding Teaching recognizes an exceptional teacher in each College at the U of S. The 2012 College of Nursing recipient was Cheryl Besse (BSN '92). Cheryl was recognized for her achievements in outstanding teaching and educational leadership and was delighted and honoured to be the recipient of this award.

When asked about her teaching style, Cheryl said, "I think I started to develop my teaching beliefs even before I was a teacher. As a nursing student, I realized the best instructors cared – they cared about their discipline, about teaching, about students and that students learned what they needed to be successful. Over my career as a nursing instructor, I have been able to distill my teaching philosophy down to a few words: passion and caring. I am passionate about what I am teaching and I believe we learn best when we feel safe and cared about. My goal is to create an environment that maximizes learning."

When the award was announced on the College of Nursing Facebook page, support and congratulatory messages poured in from Cheryl's students, truly reflecting the impact she has had on their education. One student posted, "Rightfully so! Incredible prof!"



*Cheryl Besse and Provost and Vice-President Academic Dr. Brett Fairbairn*

# Highlights of 2012

## ■ ENACQKT PROJECT IMPACTS CARIBBEAN NURSING

The Enhancing Nurses Access for Care Quality and Knowledge through Technology (ENACQKT) project, which began in 2008, came to a close in 2012. This project led by Dr. Pammla Petrucka (BSN '93) and Dr. Sandra Bassendowski evaluated the role and impact of information and communications technology, such as personal digital assistants (PDAs), in improving clinical practice and patient care within selected public hospitals in Dominica, Dominican Republic, Saint Kitts and Nevis and Saint Lucia.

When asked about the impact of the research project, Dr. Petrucka replied, "We saw nurses take the technology and not only learn about it, but use it in ways not imagined. We saw the devices used in education, monitoring, data capture, personal organization and accessing real time, real need information. Nurses were seen showing patients the procedures they were to be undergoing through animated programs on their PDAs. Student nurses used this new technology in lieu of calculators, medical dictionaries, textbooks, notepads and tools for practice and evidence access. There were nurses working together over a PDA looking at an article or discussing a new procedure; others were seen sharing a device to read about a new medication or treatment. The applications were endless and the impacts were priceless."



Nurses in the Caribbean learn how to use PDAs

## ■ UNIQUE PROGRAM HAS LASTING IMPRESSION ON STUDENTS

The *Caring for Kids Where They Live* program, created by College of Nursing Assistant Professors Shelley Spurr (BSN '95), Marcella Ogenchuk (BSN '86) and Jill Bally (BSN '90), in partnership with the College of Dentistry, is a unique interprofessional clinical experience with an incredible impact. In 2012, the program placed a group of seven students in one of three designated schools to complete their pediatric clinical over six weeks.

"Our goal for this program was to create a learning environment for health science students, in a school district where partners work to promote the health and wellness of children and youth," said Assistant Professor Spurr. She went on to say, "We created this initiative to encourage a holistic approach to support our students' development."

When asked about the results of the program, Professor Ogenchuk said, "It's a win for both the community and our students. For the community, a large number of students have now received up-to-date oral health. And for our students, the program has resulted in a positive student learning experience." The impact of the program is evident in one of the students' feedback:



Nursing student participates in pediatric clinical at community school

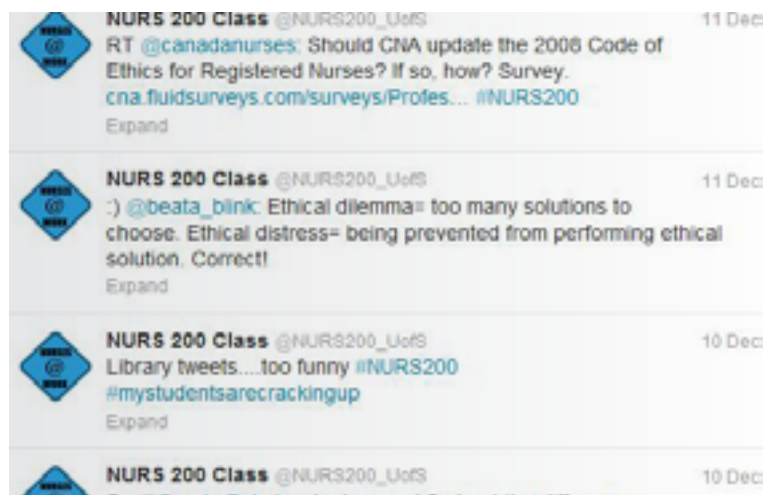
*In the time I've spent at the school, I've learned many things, but what sticks out in my mind is not all children are as privileged as how I remember growing up. It was different for me to come to the realization toothpaste may not be a priority in a family, or brushing ones teeth would somehow be ignored. I am aware there are people in this city who live in poverty, but perhaps being ignorant was always easier, than really thinking about how it would feel to be one of those people. What I observed in this school clinical rotation are people who are joined to make the lives of each of these students better.*

## NEW AGE TECHNOLOGY ENHANCES THE CLASSROOM EXPERIENCE

In an increasingly hectic and plugged-in world, how do professors engage their students? College of Nursing Assistant Professor Tracie Risling (BSN '03) uses technology to stay connected. Social media tools, such as Twitter and Facebook, student blogging projects, Skype office hours and the use of a student response, or clicker system in the classroom provide multiple points of contact.

There is always a variety of student reaction to technology-infused classes, but for the most part, Professor Risling finds students respond very positively, "It is a new way to connect with a professor, a more informal type of interaction, which ultimately enhances the classroom relationship." She added, "It's a quick way to share information with students and have them ask questions. With Twitter everyone has to be able to explain themselves in 140 characters or less. I have found the use of Twitter to have a positive impact in my classrooms overall."

When asked why she started using technology to engage her students, Tracie replied, "I have always had an informal and inclusive classroom approach and these tools help me achieve one of my most important teaching goals – creating connections to my students, as well as, supporting peer interaction and a deeper overall connection with course content."



Assistant Professor Risling uses Twitter to engage students in her NURS 200 class. Here are some sample tweets.

## STUDENTS RECEIVE SCHOLARSHIPS AND AWARDS AT ANNUAL CEREMONY

Undergraduate and graduate nursing students are recognized with more than 90 scholarships and awards at our annual awards ceremony. On November 3rd, we celebrated with our students and their families as we presented scholarships and awards totaling just over \$187,000.

Our students couldn't do it alone. With the help of generous donations from dedicated donors, we are able to help students pursue their post-secondary education. Our donor's everlasting passion for nursing has an endless impact on our students. "The College of Nursing has held a special place in my life since my days as a student. The award is a token of my appreciation and fulfills my desire to support higher education," said donor and alumna Norma Fulton (BSN '53). Because of her firsthand knowledge of the nursing student experience and her desire to support higher education, Mrs. Fulton created the Norma Fulton Scholarship in Graduate Studies.



Norma Fulton presents graduate students Jessica Solar (BSN '03) and Jill Friedt (BSN '07) the Norma Fulton Scholarship in Graduate Studies

# Highlights of 2012

## CONTINUING NURSING EDUCATION ANNOUNCES OFFICIAL NAME CHANGE

Continuing Nursing Education (CNE) at the College of Nursing announced its official name change to Continuing Education and Development for Nurses (CEDN) on May 1st. This program has delivered education and professional development to nurses and health care providers in Saskatchewan and neighbouring provinces for more than 40 years. The programs offered by CEDN have a direct impact on ensuring health care providers are well prepared to meet the needs of those they care for.

CEDN continues to build on a strong foundation. The changes to the name reflect contributions of the program to date and align with the vision and mission statements going forward. The efforts to change the name were guided by the strong legacy of the program and ensure alignment with the integrated plans of both the University of Saskatchewan and the College of Nursing. CEDN provides the important link between our newly graduated nurses and their lifelong learning. With a focus on taking education sessions and professional development to nurses and other health care providers in locations where they practice, the impact of CEDN's contribution to supporting safe, quality care delivery throughout Saskatchewan will be enhanced.



## NATIVE ACCESS PROGRAM TO NURSING HOSTS CULTURE DAYS

In September, the Native Access Program to Nursing (NAPN) advisors at the Regina campus organized and provided an opportunity for second year BSN students, faculty and staff to participate in a Culture Days event. In Canada, Culture Days is celebrated annually during the last week in September. It encourages all Canadians to share and embrace culture through creativity and has become the largest national cultural movement in recent Canadian history.

Over the lunch hour, students enjoyed a taste of Aboriginal culture. Soup and bannock were served, they were invited to participate in a Talking Circle and were able to view various cultural artifacts and displays from different parts of the world. As part of the planned activities, students were encouraged to share various aspects of their own unique cultures through a "What I Love About My Culture" placemat.

These special contributions from the students were showcased at the front entrance of the new campus in Regina. The impact of the Culture Days event proved to be inspirational for the students, faculty and staff. New relationships were formed, students developed a new "community of learning" and were introduced to the nursing culture. It was a memorable event marking the start of a new beginning, new program and new campus.



*Regina NAPN advisors (l) to (r): Bev McBeth, Lisa Bighead and Heather Cote-Soop*

## COLLEGE CLOTHING FUNDRAISER A GREAT SUCCESS

Staff, faculty, students and alumni had the opportunity to purchase long awaited College of Nursing clothing at the end of 2012. Branded hoodies, sweatpants, crew neck sweaters, t-shirts and jackets were available for purchase.

"Not only are we thrilled to have College of Nursing clothing, the fact we offered it as a fundraiser makes it even more exciting," said Communications Officer Kylie Dietrick. "A portion of proceeds from each item sold will be used to support student initiatives such as graduation banquets, conference travel, etc.," said Development Officer Anna Pacik.

In just over two weeks, over 300 people bought clothing, almost 500 items were purchased and over \$2,300 in fundraising proceeds were raised. Having college branded clothing not only helps us promote the college, but it also impacts our "sense of place" in communities where our program may not be as well known. The online clothing fundraiser will run twice per year.



*Saskatoon Nursing Student Association President Penny Sinclair and Communications Officer Kylie Dietrick distribute college clothing in Saskatoon*

## A SUCCESSFUL YEAR FOR GRADUATE STUDIES

To develop well prepared health care providers, continuing education is vital for nurses and a unique practicum experience for one Master of Nursing student is helping spread the word. Cheryl Cummings (BSN '95) completed her MN practicum with Continuing Education and Development for Nurses. During her time with the group, she helped them explore opportunities for innovative programming. By using the advanced skills of a Master of Nursing student, CEDN was able to capture ideas for workshops and professional development sessions the program should offer. "We are essentially 'growing our own,'" said Director of CEDN Cathy Jeffery (BSN '83). "Cheryl was introduced to us through her practicum, but will return to both attend and teach continuing education workshops and professional development opportunities offered by our program." This Master of Nursing practicum has had both a positive impact on CEDN and the College of Nursing. Since completing her MN, Cheryl has raised awareness of CEDN and by sharing her experience with co-workers; two MN students have requested to take their practicum with CEDN in 2013. For the college, a great practicum experience leads to positive program reviews. Graduates then recommend the graduate studies program to their friends, family and colleagues.

The College of Nursing graduate program had additional successes to celebrate in 2012. We had 11 Nurse Practitioner graduates, the highest number of students to complete the program since its inception, and in the PhD program we had two successful completions. As we move forward in 2013, we will continue to develop our programs and expect to increase our graduate program enrollment.



*Cheryl Cummings completed her Master of Nursing in 2012*

# Highlights of 2012

## A CAREER IN HEALTH CARE...ME?

Since 2011, the College of Nursing Prince Albert site, in conjunction with the U of S Pre-Health Professions Club, has partnered with the Northern Lights School Division to help northern students learn about careers in health care. Between 35 - 60 of the brightest and best students from seven northern high schools came to Prince Albert for two days to learn hands-on about being a health care professional. Local nursing and medical students and residents engaged these students in activities, such as blood sugar testing and understanding its role in health. They learned how to apply casts to "limbs", bearing strange resemblances to plumbing pipes (complete with elbows) and used real needles and sutures to stitch pigs' feet! Students were taught how to take a patient's blood pressure and learned what changes in blood pressure can mean. This two day experience also gives students the opportunity to hear from different health care professionals about their contributions to the wellbeing of their northern communities.

College of Nursing students are always excited to share their passion for their profession and this experience has a tremendous impact on potential health care professionals of the future!



*High school students learn hands-on in Prince Albert about careers in health care*

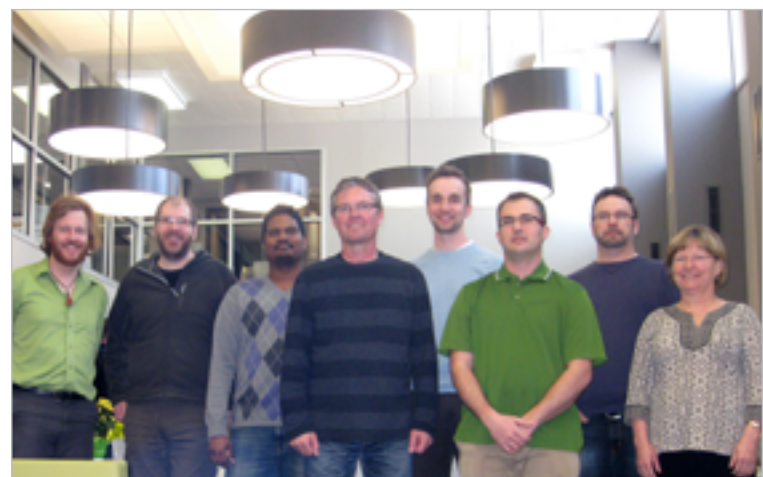
## ELEARNING CENTRE HELPS THE COLLEGE LEAD THE WAY IN TECHNOLOGY

The Elearning Centre at the College of Nursing has quickly grown over the last four years to meet the information communications technology (ICT) needs of our distributed college. This summer, Evan Rust was welcomed as the newest team member into the position of Audio Visual Technician at the UofS Regina Campus.

Members of the Elearning team are responsible for web and media development, student information systems, hardware and software support, instructional design and distributed learning technology. The interprofessional composition and collaborative nature of the team provides the foundation to lead in technological innovations that directly impacted the success of teaching, research and administrative activity in the College of Nursing in 2012.

A variety of technologies are being used to connect students, faculty and staff across the province and beyond. Video/Web conferencing and Remote Presence Telementoring allow students to "learn where they live". Use of handheld devices in clinical practice settings puts the latest health care information into the hands of nursing students at the bedside. Finally, the Nursing Virtual Lab provides 24/7 access to streaming videos for lab preparation and review purposes.

These and several other technologies are used to provide a rich, collaborative student-centered experience in a distributed environment and are made possible through the innovative use of modern technology, a strong team of ICT specialists in the Elearning Centre and the many partnerships that exist with external stakeholders.



*Members of the College of Nursing Elearning Centre (l) to (r): Craig Shutko, John Allison, Shiv Adapa, Bruce Atamanenko, Mark Tomtene, Bryce Coutts, Evan Rust and Linda Dunkley*

# Alumni News

## NURSING ALUMNA WINS GOLD IN SENIOR OLYMPIC GAMES

She is a Class of 1957 Diploma Nursing Graduate and may have retired from nursing, but Anne Cholod is keeping busy with family, friends, committees and...competing in the Senior Olympic Games! In September, Anne played tennis in the mixed doubles competition with her partner Les in Cape Breton, Nova Scotia. Not only did they compete in the 75 years and over category, they won gold! But her winning doesn't stop there. She also won bronze with her partner Stephanie in the women's 75 years and over group.

Anne started playing competitive tennis in 1992 at age 62 when she and her husband spent the winters in Arizona. When asked about the sport, Anne replied, "What I enjoy most about playing tennis or any sport is the fellowship, fun and fitness." She concluded by simply saying, "It keeps me young."

Although winning gold and bronze medals at the Senior Olympic Games definitely tops the chart, first place finishes are nothing new to Anne. She

has competed in over seven competitions from Arizona to Medicine Hat, Alberta to Summerside, Prince Edward Island, earning first place in almost every competition.

All-around athlete? You could say so. In 2004, to make room for others who wanted to go to Nationals, Anne

shifted from Tennis to compete in Track and Field. After brief lessons in sprinting, discus throw, shot put and javelin throw, she competed in five events in Whitehorse, Yukon in 2004 and Portage la Prairie, Manitoba in 2006, winning gold medals in all categories. It doesn't stop there. In the Tennis and Track and Field Masters Games in 2008 in Regina, Anne placed second in the 100 metre sprint, second in javelin and third in shot put.

Congratulations Anne! As one of our many outstanding alumni, the College of Nursing is very proud of you!



*Anne Cholod (DIP '57) with her Senior Olympic Games medals*

## COLLEGE OF NURSING ALUMNI ASSOCIATION COMING SOON

In celebration of the College of Nursing 75th Anniversary, we are bringing back the College of Nursing Alumni Association (CNAA). The association will exist to:

- support the College's efforts to build resources, relationships and a reputation of excellence
- recognize alumni achievements
- support student awards; and
- support members in their pursuit of continuing nursing education (eg. financial, gifts of knowledge, mentoring, etc.)

All College of Nursing Alumni shall be considered members of the CNAA.

For more information on the College of Nursing Alumni Association, visit

**[www.usask.ca/nursing/75th/alumni\\_association.php](http://www.usask.ca/nursing/75th/alumni_association.php)**

# YOU Make a Difference

## GRANDSON SEEKS TO HONOUR HIS GRANDMOTHER'S PASSION FOR NURSING

Shayne Meggs wanted to honour the memory of his grandmother Mrs. Opal Ritch upon her passing in 2004. Given her lifelong passion for nursing, it made sense to Shayne to create an award that would support a nursing student who was also passionate about nursing. He rallied the support of his cousins and together they created the *Opal Ritch Memorial Prize in Nursing*. Since 2010, this family-funded award has supported three nursing students who were chosen because of their excellence in and passion for a career in nursing.

Every year in the fall, Shayne and his family are invited to the College of Nursing Annual Student Awards Ceremony to share the story about their grandmother's life and present her award.



Shayne Meggs remembers his grandmother as he presents his family's award in her name, the *Opal Ritch Memorial Prize in Nursing*, at the 2012 Student Awards Ceremony

## SUPPORT NURSING EDUCATION

Thank you to our Alumni & Friends who have invested in the success of our nursing students. Our students, faculty and staff are forever grateful.

## DONATE NOW

[www.usask.ca/nursing/alumni/giving.php](http://www.usask.ca/nursing/alumni/giving.php)

## LEAVE A LITTLE SOMETHING BEHIND

### Create a Class 'Gift'

Support a graduate or undergraduate nursing student by creating an award in the name of your graduating class.

To create a class gift and for assistance locating your former classmates, contact Anna Pacik:

[anna.pacik@usask.ca](mailto:anna.pacik@usask.ca) or (306)966-1399



# Upcoming Events

## CELEBRATE OUR 75TH ANNIVERSARY

### Plan to Attend

- **Sept 2013 to May 2014**
  - Various Saskatchewan Gatherings
- **Winter/Spring 2014**
  - Guest Lecture
- **May 24, 2014**
  - Anniversary Gala
  - All Years Reunion
  - Alumni of Influence Celebration

## WWW.USASK.CA/NURSING/75TH

for the latest information.



### ► Nominate a “DIFFERENCE MAKER” for an Alumni of Influence Award

Tell us about a College of Nursing Alumnus who has made or is making a difference. Remember, great people don't nominate themselves!

[www.usask.ca/nursing/75th/influence.php](http://www.usask.ca/nursing/75th/influence.php)

## 2013 U OF S HONOURED YEARS REUNION SUSPENDED

After much consideration, the decision has been made to suspend the U of S Honoured Years Reunion program for the year of 2013.

For more information, please visit

<http://alumni.usask.ca/events/reunions/index.php>

**In lieu of the 2013 U of S Honoured Years Reunion**, the College of Nursing will be hosting a 2013 Nursing Alumni Reunion in Saskatoon.

**Save the Date** Friday, June 7, 2013 9am – 12pm



Ellis Hall



Health Sciences Facility in Saskatoon

Celebrate your anniversary with us! Join us for breakfast with the Dean of Nursing, tour Ellis Hall and the new Health Sciences Facility. For more information, contact Anna Pacik: [anna.pacik@usask.ca](mailto:anna.pacik@usask.ca) or (306)966-1399



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