



UNIVERSITY OF SASKATCHEWAN

College of Nursing

USASK.CA/NURSING

Course Title: NURS 308.3 Integrating Mental Health and Addiction Within Nursing Practice

Pre-Requisites: NURS 307.3 Integrating Mental Health and Addiction into Nursing

Course Description:

Provides opportunities to critically examine mental health and wellness illness, and recovery within the practice of nursing in clinical settings. Students will explore all components of the health care continuum to promote optimum mental health across the lifespan. The course takes a strength-based approach in relation to all major mental health problems that students may encounter within the scope of nursing practice. Theories, concepts, and principles from nursing and related disciplines will be discussed and used in the settings in which they are placed.

Intent:

Learners will:

1. Utilize the therapeutic relationship as a foundation for the assessment, health promotion, treatment, and evaluation of mental health and mental illness throughout the lifespan.
2. Examine the psychopathology of common mental health problems in conjunction with select concepts, theories and research relevant to the provision of mental health nursing while embracing diversity across a variety of dynamic service delivery continuums.
3. Administer, monitor, and evaluate evidence based therapeutic interventions germane to the provision of safe, competent, culturally appropriate, and ethical mental health nursing practice.
4. Engage in teaching and learning opportunities that support strength-based approaches to the promotion of health and wellness, illness, and recovery, from an individual, family, community, and population perspective.
5. Consider the ethical, legal, and contextual issues unique to the provision of mental health nursing care in accordance with provincial and federal laws and acts, professional standards for practice, and codes of ethics.
6. Demonstrate advocacy and leadership utilizing interdisciplinary, interprofessional, and intersectoral approaches necessary for quality mental health nursing.

Content:

- Social justice and advocacy
- Cultural safety
- Evidence informed practice and quality improvement
- Ethics
- Leadership
- Interprofessional practice