

Course Title: NURS 203.3 – Assessment and Components of Care II

Pre-Requisites: NURS 202.3

**Course Description:** Building on content from NURS 202.3, students will further explore a systems nursing assessment across the lifespan. Using that learning, the students will apply nursing skills in laboratory and clinical settings.

## Intents:

The learner will:

- 1. Collect and evaluates information on client status using appropriate assessment skills.
- 2. Maintain a safe environment for self and clients.
- 3. Communicate with clients, families, and health care team members for continuity of care.
- 4. Demonstrate skills required to provide basic interventions for client care.
- 5. Demonstrate assessment and components of care in a clinical setting.

## Content:

- Review of relevant theories and principles.
- Introduction to health assessment and assessment tools appropriate to individuals across the lifespan relating to the following points: physical, emotional, spiritual, cognitive, developmental, environmental, social, learning needs, and the client's beliefs about health and wellness.
- The following Systems will be reviewed along with relevant assessment skills: Cognitive and Central Nervous System, the Peripheral Nervous System and Pain Assessment, Cardiovascular System, Respiratory System, Gastrointestinal System, Genitourinary System, and health assessment and screening for Breast and Testicular Exams and Regional Lymph Nodes.
- Concepts emphasized will be: safe and competent practice, evidence informed practice, quality improvement, and cultural safety.
- OSCE (Objective Structured Clinical Examination)