



UNIVERSITY OF SASKATCHEWAN

College of Nursing

USASK.CA/NURSING

Course Title: NURS 202.3 – Assessment and Components of Care I

Pre-Requisites: N/A

Course Description: A systems approach to nursing assessment across the lifespan. Students will develop and apply nursing assessment and nursing skills in laboratory and clinical settings.

Intents: The learner will:

1. Collect and evaluate information on client status using appropriate assessment skills.
2. Maintain a safe environment for self and clients.
3. Communicate with clients, families, and health care team members for continuity of care.
4. Demonstrate skills required to provide basic interventions for client care.
5. Demonstrate assessment and components of care in a clinical setting.

Content:

- Review of relevant theories and principles.
- Introduction to health assessment and assessment tools appropriate to individuals across the lifespan relating to the following points: physical, emotional, spiritual, cognitive, developmental, environmental, social, learning needs, and the client's beliefs about health and wellness.
- Review of health history taking and documentation, infection control, holistic health assessments, methods of examination (inspection, palpation, percussion, and auscultation), vital signs, transfers, lifts, turning and positioning, patient mobilization, and the following systems: integumentary system, head, neck, nose, mouth, throat and regional lymphatic systems, eyes and ears, and the musculoskeletal system.
- Concepts emphasized will be: safe and competent practice, evidence informed practice, quality improvement, and cultural safety.
- Lab hours will include 24 hours in a clinical or simulated clinical setting.
- OSCE (Objective Structured Clinical Examination)